



Home of the Budwig Flax Formulas.



Serving health
conscious individuals
for over 20 years.

Available online at:
www.bionatures.com

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NOTE: If you are pregnant or lactating, please consult a health care professional before using any nutritional supplements.

**Disclaimer: These statements have not been evaluated by the FDA.
These products are not intended to diagnose, treat, cure or prevent any disease.**



About the Company

Flaxseed oil is now used by millions of Americans for its spectacular health benefits, thanks to two men who overcame many obstacles to bring it here.

Less than 20 years ago, flaxseed was known as "linseed oil." The federal Food and Drug Administration reasoned humans couldn't use it because a distant cousin of the same name was sold as a paint additive. This is the true story of how that changed in the 1980s:

Mike Minarsich, founder in 1986 of **BioNatures**, read a story about Dr. Johanna Budwig, world-renowned German biochemist, and her amazing work with fats, oils and proteins. Eager to know more, Mike unsuccessfully searched for the product she described – raw, cold-pressed linseed (now flaxseed) oil – at health-food stores and mail-order companies.

He contacted William Fischer, publisher of Dr. Budwig's story, and discovered the German-born publisher had used "edible" linseed oil since he was a child. Furthermore, he was still getting it in tin cans from Germany, a very expensive process. Eventually, Mike found a Canadian company that produced "linseed" oil according to the standards of Dr. Budwig.

And so **BioNatures** was born. Bionatures became the first company in America to import and sell linseed oil for human consumption. Demand soared, in large part because of Fischer's landmark book.

But soon the FDA stopped **BioNatures'** shipments at the Canadian border, claiming that linseed oil is a drying agent for paint and can't

be sold as food. **BioNatures** argued that THIS linseed oil was cold-pressed in a pharmaceutical facility for human consumption and wasn't the same linseed oil sold in hardware stores. The FDA still said no.

So the boys at **BioNatures** came up with two ideas: Find someone in the U.S. to make the product, and change the name from linseed oil to – you guessed it – flaxseed oil. After all, it was derived from the flax plant.

Confusion for the government and consumers was eliminated, and a partnership began between **BioNatures** and a young man in northern Washington state named Bruce Barlean and his father.

Bruce and his family were salmon fishermen who had vision. Already familiar with the health benefits of omega 3 oils from fish, they saw the potential for the superior benefits of flaxseed oil and byproducts.

Bruce pursued the new idea vigorously. With **BioNatures'** help, Barleans Organic Oils was born. It is now the country's largest manufacturer, thanks primarily to Bruce and Mike's perseverance and determination.

After several trips to Germany to visit with Dr. Budwig, Bruce Barlean developed the proprietary Barlean's Bio-Electron Process™ used today to produce the oil. It is the only process endorsed by Dr. Budwig. The rest is history.

Today if you type "flax oil" into an internet search engine, you will get around 400,000 results. It is considered a staple item for most people's daily regimen. But the original is still the best. It is **BioNatures'** brand of flaxseed oil, made with the Barlean's Bio-Electron Process™.

Get Fiber and EFAs Together with Versatile, Tasty Vita Flax!

Flaxseed oil is rapidly becoming one of the most popular supplements on the market. Well-known for its incredibly high levels of essential fatty acids (EFAs) like omega-3 and omega-6, millions of people have added the golden-hued oil to their daily diets.

But taking flaxseed oil in its liquid form is not the only route to higher EFA levels and improved overall health. As many people have already discovered, adding shaved flaxseeds to your daily diet is another delicious and convenient way to get all of the amazing and impressive benefits of flaxseed.

BioNatures Vita Flax – flaxseed powder, plus so much more!

Years ago at BioNatures, we developed a high-quality organic flaxseed powder called Vita Flax. Over the years, we sold thousands of cans of these delicious, lightly crushed flaxseeds. However, since we are never content to just rest on our laurels, a couple of years ago we switched to shaved flaxseeds instead of crushed. Using this new method, each flaxseed retains an even higher amount of EFAs as well as an increase in stability (or in other words, a longer shelf life). What this means for you as the consumer is a new and improved form of Vita Flax that is even more nutritionally sound than before.

As a bonus, Vita Flax is fortified with a variety of healthful vitamins, minerals, and the sulphurated protein that is necessary for it to assimilate completely in the body. As a result, you won't have to mix Vita Flax with cottage cheese or other foods in order to gain all of its health benefits.

Vita Flax is also incredibly high in fiber,



something that many of us are also looking to get more of. It is also delicious – for flavor, some of our customers have compared it to wheat germ.

Best of all, using Vita Flax is easy! Just mix a tablespoon or two of Vita Flax into your morning milk or juice, or sprinkle some on your salad or cereal. Some people like it mixed with yogurt, and others like to bake with it. No matter how you slice it (or in this case, shave it), Vita Flax is a convenient, versatile and tasty way to increase our levels of essential fatty acids and fiber.

References:

Murray, Michael T., Encyclopedia of Nutritional Supplements, 1996, pages 239-275

Build Up Those Baby Blues with Bilberry!

Some basic facts about bilberry

Bilberry, or *Vaccinium myrtillus*, is a European cousin to our American blueberry plant. It is a short perennial plant that grows in the woods and meadows, and is also related to the cranberry and huckleberry. The bilberry fruit is blue-black on the outside and white on the inside and has been used for thousands of years as a food source. In Europe, bilberries are commonly used like we use blueberries in jams, cobblers, and pies.

In addition to being a tasty part of many foods, bilberries have been used for at least one thousand years for its medicinal properties. Although bilberry has been historically linked to treating ailments like diarrhea and kidney stones, it is most well known for its ability to help with a variety of eye conditions, including cataracts, night vision and macular degeneration. This phenomenon was discovered back in World War II when pilots from the British Royal Air Force (RAF) realized that their night vision was sharper than ever whenever they ate bilberry preserves before setting out on their night missions.

Bilberries are chock full of antioxidants including anthocyanidins, which are phytochemicals that have been shown to possess up to fifty times the antioxidant power of vitamin E and ten times that of vitamin C. More specifically, anthocyanidins appear to work by strengthening the walls of blood vessels, increasing the blood flow to the small vessels in the eyes, as well as by strengthening collagen, a protein that helps keep our connective tissues healthy.

Researchers believe that thanks to the antioxidant power of bilberry's many anthocyanidins, the amount of oxygen and blood going into the eye becomes larger, which leads to the retina's ability to adjust more quickly to changes in light.



Do any clinical studies support its use?

Bilberry has been the subject of clinical research, and countless anecdotal reports also support its use as a vision-enhancing supplement. In order to study its ability to help slow the development of cataracts, researchers gave 50 patients all diagnosed with the disorder a combination of bilberry extract plus vitamin E. Amazingly, this regimen stopped the progression of cataracts in virtually all of the subjects. Additional research on bilberries have linked it to reducing the effects of diabetic retinopathy, a serious eye disease that affects folks with diabetes.

Although enjoying a nice slice of bilberry pie is a good way to get your peepers the vision-enhancing anthocyanosides they need to stay healthy, you don't have to fly all the way to Europe to get it! Instead, consider taking bilberry in capsule form—after a few weeks of regular use, you will hopefully join the millions of others who notice an improvement in night vision and other eye conditions.

References:

Balch and Balch, *Prescription for Nutritional Healing*, Third Edition, 2000, pages 53-54
Various internet sources

Fish Oil Supplements May Boost Memory

DHA Supplements Help Stave Off 'Senior Moments'

By Charlene Laino
WebMD Health News

Reviewed by Louise Chang, MD

July 13, 2009 (Vienna, Austria) --

Omega-3 fatty acid supplements may boost memory in healthy aging adults.

In a new study, people 55 and older with age-related memory complaints who took the fatty acid supplements for six months had almost double the reduction in errors on a test that measures learning and memory skills, compared with those who took a placebo.

"The benefit is roughly equivalent to having the learning and memory skills of someone three years younger," says researcher Karin Yurko-Mauro, PhD, associate director of clinical research at Martek Biosciences Corporation.

But the supplements do not appear to slow the progression of Alzheimer's disease in people who already have mild to moderate symptoms of the disorder, a second study shows.

Both studies were presented at the Alzheimer's Association 2009 International Conference on Alzheimer's Disease.

DHA Boosts Memory

Previous studies have shown that people who eat a lot of fatty fish score better on memory tests and are less likely to develop Alzheimer's disease. Animal research credited docosahexanoic acid (DHA), an omega-3 fatty acid that's abundant in fatty fish and algae.

But most people don't eat enough fish to

reap DHA's benefits, Yurko-Mauro says. So she and colleagues put DHA supplements derived from algae to the test, pitting them against a placebo in 485 healthy people with an average age of 70.

Participants had mild memory complaints that often occur with age, such as forgetting names or appointments. They were randomly assigned to take supplements containing either 900 milligrams of DHA or placebo, once a day for six months.

At the start and end of the study, participants were given a memory test in which they were asked to look at patterns on a computer screen and later recall where each pattern was on the screen.

It's almost like playing a video game, Yurko-Mauro says. Everyone improves over time, as they become more familiar with the technique. But people who took DHA improved more.

At the start of the study, people in both groups made an average of about 13 out of 30 possible errors on the test. Afterward, those given the placebo made an average of 2.4 fewer errors. In contrast, those given DHA supplements made an average of 4.5 fewer errors.

Blood levels of DHA doubled over the course of the study in people taking the supplements, and the higher a person's DHA level, the better the score on the test.

The supplements didn't cause any serious side effects.

William Thies, PhD, chief medical and scientific officer at the Alzheimer's Association, says that pending future research confirming the findings, the Alzheimer's Association isn't ready to recommend that people take supplements to fend off age-related memory loss.

"But DHA is available, and people will make their own decisions," he tells WebMD.

Natural Remedies Bring Relief from Pain and Inflammation

Chronic pain a major problem for many

Right now, millions of people are feeling some type of pain or discomfort. For some, it's a result of over-doing it, like maybe exercising too vigorously or trying to lift something that was too heavy. For others, it is ongoing, chronic pain that never seems to go away. Although pain is your body's way of letting us know that something is wrong, sometimes it would be nice to reply "We know! We overdid it yesterday. Now please stop hurting!" But unfortunately, many people never get this type of relief and live in constant discomfort.



Natural approaches to pain relief

Being in pain accounts for millions of doctor's appointments every year, and, in an effort to feel better, we also spend millions on over the counter and prescription pain relieving drugs. These medications often work quite well at reducing our discomfort, but they also tend to come with a host of side effects ranging from stomach upset to even addiction.

Fortunately, there are some natural alternatives to pain management that have been shown to be very helpful in controlling not only the discomfort, but also the inflammation that often accompanies it. Specifically, these four nutrients have a proven track record in helping support your body's response to pain and inflammation:

Rutin – This natural flavonoid is found in many foods, and in supplement form, is often derived from the fava tree. It has been shown to strengthen blood vessels and capillaries and heal wounds. Rutin can also offer support to your body's circulatory system and may help relieve inflammation.

White Willow Bark – Rich in salicylic acid, white willow bark may reduce the amount of prostaglandins found in the body. Because prostaglandins are directly linked to pain and

inflammation, finding an effective way to lower them may also help reduce discomfort.

Turmeric – A bright yellow spice and antioxidant, turmeric is also rich in natural anti-inflammatory powers. For years, this nutrient has been used to help heal arthritis and other conditions that involve inflammation.

A blend of enzymes including bromelain, chymotrypsin, pancreatin, papain, and trypsin – By helping to boost the amount of blood that goes to sore areas, all of these enzymes have been found to have a direct effect on pain and inflammation. They have also been shown to help reduce swelling and bruising, and even shorten the time it takes to heal from an injury.

By trying this combination of safe and powerful natural remedies, within a matter of weeks you may begin to feel significant relief from your pain and inflammation.

BioNatures has combined all of these helpful nutrients in one supplement called BioEnzymes Pain and Inflammation. For complete nutritional information on this product, please see page 16.

References:

www.wholehealthmed.com
Various other internet sources



Integrative Supplements

BIONATURES' FLAX OIL AND EFA PRODUCTS

FLAX FACT: All BioNatures' flaxseed oil products are 100% organic, unrefined, and have 3 times as much Omega-3 as fish oil.

C-LEINOSAN ORGANIC FLAX OIL (Clear)

- 01-53-085 • 8.5 oz. (Original Glass Bottle) Reg. \$12.98 . **50% OFF: \$6.49**
- 01-54-012 • 12 oz. Bottle • Reg. \$14.72 **50% OFF: \$7.36**
- 01-49-016 • 16 oz. Bottle • Reg. \$19.49 **50% OFF: \$9.75**
- 01-50-032 • 32 oz. Bottle • Reg. \$36.79 **50% OFF: \$18.40**

C-Leinosan Flaxseed Oil is your best source for essential fatty acids, Omega 3 and Omega 6. This custom oil comes from premium, organic flaxseed that has been carefully cold-pressed in small batches. Also available in easy-to-swallow softgel capsules.

Supplement Facts

Serving Size: 1 Tbsp

	Amount Per Serving	% DV
Omega 3 Alpha Linolenic Acid	7700 mg	*
Omega 6 Linoleic Acid	2240 mg	*
Omega 9 Oleic Acid	2520 mg	*

Suggested use as a dietary supplement: Take 1 or 2 tablespoons daily.

*Daily value not established.

C-LEINOSAN FLAX CAPS (1000 MG Capsules, Clear)

- 01-52-250 • 250 Softgels • Reg. \$25.93 **50% OFF: \$12.97**
- 01-48-400 • 400 Softgels • Reg. \$41.49 **50% OFF: \$20.75**

The same high-quality Flaxseed Oil, except in easy-to-swallow softgel capsule form. Each capsule is pressed in an environmentally-controlled atmosphere restricting the introduction of oxygen molecules and light rays, so you are assured optimal purity and stability. Each softgel contains 1000 mg. of organic flaxseed oil.

Supplement Facts

1 Softgel Contains

	Amount Per Serving	% DV
Omega-3 (Alpha Linolenic Acid)	530 mg	*
Omega-6 (Linoleic Acid)	140 mg	*
Omega-9 (Oleic Acid)	190 mg	*

Suggested use as a dietary supplement: Take 3 or more softgels daily.

*Daily value not established.

EFA's COMPANION NUTRIENTS COMPLEX (500 MG)

- 01-56-120 • 120 Caps • Reg. \$25.55 **50% OFF: \$12.78**
- 01-57-240 • 240 Caps • Reg. \$48.18 **50% OFF: \$24.09**
- 01-58-400 • 400 Caps • Reg. \$72.58 **50% OFF: \$36.29**

You no longer need to consume cottage cheese with your flaxseed oil. Now you can get 'assimilation insurance' with BioNatures' EFAs Companion Nutrients Complex, which is designed to go with BioNatures' Flaxseed Oil products.

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	%DV
Vitamin A (as beta-carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Niacin	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Magnesium (as magnesium oxide)	150 mg	38%
Zinc (as zinc sulfate)	7.5 mg	50%
Selenium (as selenium citrate)	25 mcg	36%
L-Methionine	100 mg	*

Other ingredients: Rice flour, gelatin, magnesium stearate. Contains no sugar, salt, yeast, wheat, milk, soy, artificial colors or preservatives.

Suggested use as a dietary supplement: Take 2 capsules daily.

*Daily Value not established. Daily Values based on 2,000 calorie diet.

BIONATURES' FLAX OIL AND EFA PRODUCTS



HIGH-LIGNAN FLAXSEED OIL CAPS (1000 MG Softgels)

- 01-67-100 • 100 Softgels • Reg. \$11.34 **50% OFF: \$5.67**
- 01-68-250 • 250 Softgels • Reg. \$26.44 **50% OFF: \$13.22**
- 01-69-400 • 400 Softgels • Reg. \$42.30 **50% OFF: \$21.15**

Flaxseed has been found to contain 100 to 400 times more lignan than all other known sources. We use a process which preserves the lignan containing fibers within the oil.

Supplement Facts

1 Softgel Contains

	Amount Per Serving	% DV
Omega-3 (Alpha Linolenic Acid)	445 mg	*
Omega-6 (Linoleic Acid)	130 mg	*
Omega-9 (Oleic Acid)	145 mg	*
Flax Particulate	190 mg	*

Suggested use as a dietary supplement: Take 3 or more softgels daily.
 *Daily value not established.

HIGH-LIGNAN FLAXSEED OIL

- 01-63-008 • 8 oz Btl • Reg. \$10.34 **50% OFF: \$5.17**
- 01-64-012 • 12 oz Btl • Reg. \$15.56 **50% OFF: \$7.78**
- 01-65-016 • 16 oz. Btl • Reg. \$19.91 **50% OFF: \$9.96**
- 01-66-032 • 32 oz. Btl • Reg. \$37.73 **50% OFF: \$18.87**

This 100% pure, organic, cold-pressed flaxseed oil rich in Lignans is available in special protective, light-proof plastic bottles that do not interact with the oil. Also available in convenient, 100% organic softgel capsules, each supplying twice the amount of omega-3 fatty acids as the typical fish oil supplement.

Note: Due to the nature of the product, each lot of flaxseed oil may have slightly different characteristics. Some particulates are finer than others, so the particle suspension and re-mix can be different. Lignans will settle in a day. Bottles should be shaken really well every time the oil is taken, which of course, is every day.

Supplement Facts

Serving Size: 1 Tbsp

	Amount Per Serving	%DV
Omega 3 Alpha Linolenic Acid	6200 mg	*
Omega 6 Linoleic Acid	1810 mg	*
Omega 9 Oleic Acid	2040 mg	*
Flaxseed Particulate	2660 mg	*

Suggested use as a dietary supplement: Take 1 or 2 tablespoons daily.
 *Daily Value not established.



Integrative Supplements

BIONATURES' FLAX OIL AND EFA PRODUCTS

TOTAL EFA

01-86-120 • 120 Softgels • Reg. \$24.06 **50% OFF: \$12.03**

01-87-240 • 240 Softgels • Reg. \$45.74 **New Size! 50% OFF: \$22.87**

The full spectrum of essential fatty acids in Total EFA regulate thousands of important biological functions deemed critical for optimal health in every cell and tissue of the body. Each power-packed, once-a-day serving provides nearly 7,000 mgs of Omega-3 (LNA, DHA and EPA), nearly 2,500 mgs of Omega-6 (LA and GLA) and more than 2,500 mgs of Omega-9 (Oleic acid) to create the most comprehensive profile of omegas available anywhere. Total EFA master blend combines 100% organic flaxseed oil, Fresh Catch™ Fish Oil, and pure borage seed oil – for a complete omega 3, 6, 9 nutrition source.

FLAX COMPLETE

01-88-120 • 120 Softgels • Reg. \$24.06 **50% OFF: \$12.03**

01-89-240 • 240 Softgels • Reg. \$45.74 **50% OFF: \$22.87**

BioNatures Flax Complete combines 100% organic, unrefined, unfiltered C-Leinosan Flax Oil and EFAs Companion Nutrients Complex which provides the right ratio of specific nutrients required to fully utilize EFAs (Essential Fatty Acids) into convenient softgel capsules. The Flax Seed Oil is pressed in an environmentally controlled atmosphere restricting the introduction of oxygen molecules and light rays. Flax Seed Oil is one of nature's richest and purest sources of the essential fatty acid Omega-3.

Introducing Flax Complete™, the only product of its kind – and so unique we have applied for a patent!

Supplement Facts

Serving size: 3 softgels

Amount Per Serving	% Daily Value
Calories 16 (Calories from Fat 16)	Total Fat 1.71g
Flax Seed Oil	1800mg *
Vitamin A (as beta-carotene)	6000 IU 120%
Vitamin C (as ascorbic acid)	288mg 450%
Niacin	48mg 240%
Vitamin B6 (as pyridoxine HCl)	48mg 2400%
Magnesium (as magnesium oxide)	360mg 90%
Zinc (as zinc sulfate)	18mg 120%
Selenium (as selenium citrate)	60mcg 87%
L-Methionine	160mg *

Suggested Use as a Dietary Supplement: Take 3 Softgels 2 times daily.

Other ingredients: Rice flour, gelatin, magnesium stearate. Contains no sugar, salt, yeast, wheat, milk, soy, artificial colors or preservatives.

*Daily Value not established.

TOTAL WOMAN

01-78-120 • 120 Softgels • Reg. \$27.36 **50% OFF: \$13.68**

Radiant skin, lustrous hair and strong nails are signs of vibrant inner health. Feminizing hormones, delicately balanced, provide freedom from monthly or midlife female discomforts and beauty in full bloom. Total Woman is the first product of its kind to combine a full compliment of therapeutic nutrients targeted for the special and changing needs of a woman. The Total Woman is derived from seeds of botanical flowers such as evening primrose and flax, as well as special plant phytonutrients, all recognized for their beautifying and balancing qualities.

Total Woman formula is a proprietary blend of: Organic Unrefined Flaxseed Oil, Organic Evening Primrose Oil, Flaxseed Lignans and Soy Isoflavones.

TOTAL MAN

01-82-120 • 120 Softgels • Reg. \$27.36 **50% OFF: \$13.68**

Total Man provides a synergy of essential omega fatty acids and plant phytonutrients absent in multivitamins and deficient in today's diet, yet critical for cellular, sexual, and heart health, athletic performance, fat metabolism and lean muscle mass. Total Man is the ideal essential fatty acid and plant phytochemical formula to support optimal health, life and vitality at any age. From the athletic pursuits of your early 20's to the health concerns of your 50's, 60's, and beyond, Total Man is the key to a more vibrant, healthier you.

Total Man is a unique and proprietary formula that combines the world's purest and freshest flax seed oil, rare styrian pumpkin seed oil, phospholipid concentrates, plant phytosterols and lignans.

BIONATURES' FLAX OIL AND EFA PRODUCTS

RED OMEGA 10

NEW!

01-93-120 • 120 Softgels • Reg. \$44.70 **50% OFF: \$22.35**
 01-94-240 • 240 Softgels • Reg. \$76.90 **50% OFF: \$38.45**

Combining the power of Red Yeast Rice, Fish Oil and CoQ10.

Red Omega 10 combines the power of Red Yeast Rice, Fish Oil and CoQ10 into one simple product designed to support cardiovascular health. Red Yeast Rice is a natural product that has been used in Asian traditional herbal systems for centuries. It is produced by the fermentation of red yeast (*Monascus purpureus*) with white rice. This product is further enhanced with the addition of CoQ10 and Omega-3 rich Fish Oil to support healthy cardiovascular function.

Warning: Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. Individuals with liver disease or those currently taking any medications should consult with a health practitioner prior to use.

Supplement Facts

Serving Size: 2 Softgels	Amount Per Serving	%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	*
Cholesterol	0 mg	0%
Vitamin E (as natural d-alpha Tocopherol)	20 IU	67%*
Natural Fish Oil Concentrate	2.0 g (2,000 mg)	*
Omega-3 Fatty Acids	600 mg	*
Eicosapentaenoic Acid (EPA)	360 mg	*
Docosahexaenoic Acid (DHA)	240 mg	*
Organic Red Yeast Rice (<i>Monascus purpureus</i>)	600 mg	*
CoQ10 (Coenzyme Q10)	60 mg	*

Suggested use as a dietary supplement: take 2 softgels twice daily with meals. Other Ingredients: Softgel Capsule (gelatin, glycerin, water, carob) and Soy Lecithin. Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no: sugar, salt, starch, wheat, gluten, corn, milk, egg, shellfish or preservatives. Percent Daily Values are based on 2,000 calorie diet.
 * Daily Value not established.

FLAX & BORAGE OIL (1000 MG Softgels)

01-61-180 • 180 Softgels • Reg. \$41.66 **50% OFF: \$20.83**

Combining omega-rich flaxseed oil and GLA-rich borage oil makes this a premium essential fatty acid supplement.

Supplement Facts

1 Softgel contains	Amount Per Serving	%DV
Organic Flax Oil	830 mg	*
Organic Borage Oil	170 mg	*
Gamma Linolenic Acid (GLA)	40 mg	*
Alpha Linoleic Acid (Omega-3)	455 mg	*
Linoleic Acid (Omega-6)	200 mg	*
Oleic Acid (Omega-9)	165 mg	*

Suggested use as a dietary supplement: Take 1-3 softgels three times a day, or as directed by a physician. *Daily Value not established.

OMEGA-3 FISH OIL

01-92-240 • 240 Softgels • Reg. \$28.44 **50% OFF: \$14.22**

The Natural Fish Oil Concentrate used in this softgel is manufactured under strict quality control standards. It is tested to be free of potentially harmful levels of contaminants (i.e. mercury, heavy metals, PCB's, dioxins, and other contaminants).

From the FDA's website: "Consumption of omega-3 fatty acids may reduce the risk of coronary heart disease. FDA evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive."

Supplement Facts

Serving Size: 2 Softgels	Amount Per Serving	%DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	*
Polysaturated Fat	1 g	*
Monounsaturated Fat	0.5 g	*
Cholesterol	0 mg	0%
Vitamin E (as natural d-alpha Tocopherol)	2 IU	7%
Natural Fish Oil Concentrate	2.0 g (2,000 mg)	*
Omega-3 Fatty Acids	680 mg	*
Eicosapentaenoic Acid (EPA)	360 mg	*
Docosahexaenoic Acid (DHA)	240 mg	*
Other Omega-3 Fatty Acids	80 mg	*

Suggested use as a dietary supplement: Take 2 softgels 1-3 times daily with meals. Other Ingredients: Softgel Capsule (gelatin, glycerin, water). Contains fish (sardines, anchovies, mackerel) and soy derivatives. Contains no: sugar, salt, starch, yeast, wheat, gluten, corn, milk, egg, shellfish or preservatives. Percent Daily Values are based on 2,000 calorie diet.

*Daily Value not established.



BIONATURES' FLAX OIL AND EFA PRODUCTS

VITA-FLAX ORGANIC FLAX POWDER

01-71-001 • 1 lb. • Reg. \$21.92..... **50% OFF: \$10.96**

BioNatures' Vita-Flax comes from premium, organically grown flaxseed that has been fortified with vitamins and minerals. You can call Vita-Flax the "all-in-one" formula, as you won't have to take cottage cheese or any other sulphurated protein to help your body absorb all the beneficial nutrients.

Supplement Facts

Serving Size: 25g (3 rounded tbsp)	Amount Per Serving	%DV
Calories 110	Calories from Fat 36%	
Total Fat	4 g	6.2%
Saturated Fat	.36 g	1.8%
Total Carbohydrate	7 g	2.3%
Dietary Fiber	10 g	40%
Protein	9 g	18%
Vitamin A (as beta carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin E (as d-alpha tocopherol)	30 IU	100%
Thiamin (as thiamin hydrochloride)	20 mg	1333%
Riboflavin	20 mg	1176%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1000%
Pantothenic Acid (as calcium panthenate)	2 mg	20%

Calcium (as carbonate)	20 mg	2%
Iron (as fumarate)	1 mg	5.5%
Magnesium (as carbonate)	150 mg	37.5%
Zinc (as sulfate)	7.5 mg	50%
Selenium (as chelate)	25 mcg	35.5%
Copper (as sulfate)	1 mg	50%
L-Methionine	100 mg	*
EFA Composition: Alpha linolenic (Omega-3)	2200 mg	*
Linoleic (Omega-6)	560 mg	*
Oleic (Omega-9)	170 mg	*
Palmitic & Stearic	360 mg	*

Suggested use as a dietary supplement: Flaxseed meal has a robust nutty flavor. A tablespoon or two mixed with juice or sprinkled on your favorite cereal or salad brings you amazing nutrition.

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

OMEGA ULTRA (Milled Flax with Fish Oil)

01-72-001 • 1 lb. • Reg. \$24.00..... **50% OFF: \$12.00**

This patented combination encapsulates fish oil in MeadowPure™ Milled Flax to give you a complete package of Omega-3s: 18-24% ALA content, plus EPA and DHA. Put together, all three provide potent benefits for the brain, heart and body-with no fishy odor or taste and a shelf life of 1 year with no refrigeration necessary.

Supplement Facts

Serving Size: 1 oz (approx 2 Tbsps)	Amount Per Serving	%DV
Calories	90	*
Calories from Fat	70	*
Moisture	0.6g	*
Dietary Fiber	2.8g	*
Soluble	0.7g	*
Insoluble	2g	*
Protein	2.8g	*
Carbohydrates	3.7g	*
Sugars	0.3g	*
Total Fat	7.3g	*
Saturated	0.9g	*
Polyunsaturated	4.5g	*
(Omega-3) a-Linolenic Acid	3.3g	*

(Omega-6) a-Linolenic Acid	1g	*
EPA	0.1g	*
DHA	0.1g	*
Monounsaturated	1.5g	*
Oleic Acid	1.3g	*
Trans Fatty Acids	<0.01g	*
Cholesterol	0mg	*
Calcium	24.9mg	*
Iron	1mg	*
Salt (Sodium Chloride)	0 mg	*
Sodium	4.2 mg	*
Vitamin C (Ascorbic Acid)	0.08mg	*

Suggested use as a dietary supplement: Use 1 oz per day.

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

BIONATURES' VITAMIN FORMULAS

MEN'S MULTI VITAMIN

03-53-120 • 120 Tabs • Reg. \$24.40 **50% OFF: \$12.20**
 03-55-240 • 240 Tabs • Reg. \$43.92 **50% OFF: \$21.96**

Men's Multi-Vitamins are a comprehensive multi-vitamin, mineral and herbal formula that provide all of the essential nutrients needed for optimal health. The formula contains a wide variety of nutrients needed by everyone, as well as specific supplements that are especially targeted to the needs of men.

Supplement Facts

Serving Size: 1 Tablet		
	Amount Per Serving	% DV
Vitamin A (beta-carotene)	10,000 IU	200%
Vitamin C (ascorbic acid)	100 mg	167%
Vitamin D (cholecalciferol)	50 IU	12%
Vitamin E (d-alpha tocopherol)	100 IU	300%
Vitamin K (phytonadione)	100 mcg	125%
Thiamin (thiamin HCl)	25 mg	1667%
Riboflavin	25 mg	1491%
Niacin (nicotinic acid)	30 mg	140%
Vitamin B6 (pyridoxine HCl)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B12 (cyanocobalamin)	50 mcg	833%
Biotin	150 mcg	50%
Pantothenic Acid	25 mg	250%
Calcium (amino acid chelate, carbonate)	50 mg	5%
PABA	25 mg	*
Iodine (from kelp)	25 mcg	17%
Magnesium (citrate)	25 mg	7%
Zinc (zinc citrate)	15 mg	100%
Selenium (selenomethionone)	200 mcg	280%

Copper (copper oxide)	2 mg	100%
Manganese (manganese sulfate)	2 mg	100%
Chromium (chromium picotinate)	200 mcg	160%
Molybdenum (sodium molybdate)	10 mcg	13%
Potassium (potassium chloride)	10 mg	<1%
Bioflavonoids (from lemon)	25 mg	*
Rutin NF	10 mg	*
Choline (choline bitartrate)	10 mg	*
Inositol	10 mg	*
Hesperidin	10 mg	*
Protease (10,000 HUT/gm)	600 HUT	*
Amylase (5,000 DU/gm)	300 DU	*
Lipase (5,000 LU/gm)	5 LU	*
Cellulase (5,000 CU/gm)	5 CU	*
Papaya Juice Powder	10 mg	*
Spirulina	50 mg	*
Barley Grass	25 mg	*
Saw Palmetto	50 mg	*
Pygeum	25 mg	*
Tomato Powder	50 mg	*
Schizandra (berries)	25 mg	*

Suggested use as a dietary supplement: Take 1 tablet daily with meals.
 Percent Daily Values are based on 2,000 calorie diet. *Daily Value not established.

WOMEN'S MULTI VITAMIN

03-54-120 • 120 Tabs • Reg. \$24.40 **50% OFF: \$12.20**
 03-95-240 • 240 Tabs • Reg. \$43.92 **50% OFF: \$21.96**

Women's Multi-Vitamins are a comprehensive multi-vitamin, mineral and herbal formula that provides all of the essential nutrients needed for optimal health. The formula contains a wide variety of nutrients needed by everyone, as well as specific supplements that are especially targeted to the needs of women.

Supplement Facts

Serving Size 2 tablets		
	Amount Per Serving	% DV
Vitamin A (as natural beta-carotene)	10,000 IU	200%
Vitamin C (as magnesium ascorbate)	200 mg	333%
Vitamin D (as cholecalciferol)	400IU	100%
Vitamin E (as d-alpha tocopherol)	30IU	100%
Vitamin K (as phytonadione)	30mcg	38%
Thiamin (as thiamin mononitrate)	25mg	1667%
Riboflavin	25mg	1471%
Niacin (as niacinamide)	25mg	125%
Vitamin B6 (as pyridoxine HCL)	25mg	1250%
Folic Acid	400mcg	100%
Vitamin B12 (as cyanocobalamin)	50mcg	833%
Biotin	300mcg	100%
Pantothenic Acid (as calcium pantothenate)	25mg	250%
Calcium (as 60% calcium carbonate, 40% calcium amino acid chelate)	500mg	50%
Iron (as iron a.a.c.) (as 56% ferrous bisglycinate, 44% ferrous sulfate)	18mg	100%
Iodine (from kelp)	100mcg	67%
Magnesium (as magnesium a.a.c.) (as 73% magnesium citrate, 27% magnesium ascorbate)	250mg	63%
Zinc (as zinc citrate)	15mg	100%
Selenium (as selenomethionine)	100mcg	143%
Copper (as copper oxide)	2mg	100%
Manganese (as manganese sulfate)	2mg	100%
Chromium (as chromium chloride)	50mcg	42%
Molybdenum (as sodium molybdate)	10mcg	13%

Potassium (as potassium chloride)	50mcg	< 1%
Vanadium (as vanadium amino acid chelate)	2mcg	*
Boron (as boron amino acid chelate)	50mcg	*
Bioflavonoids (from lemon)	25mg	*
Rutin	10mg	*
Choline (as choline bitartrate)	10mg	*
Inositol	10mg	*
Hesperidin	10mg	*
Para-amino benzoic acid (PABA)	5mg	*
Protease (10,000 HUT/gm)	1100 hut	*
Amylase (5,000 DU/gm)	100 du	*
Lipase (5,000 LU/gm)	5 lu	*
Cellulase (5,000 CU/gm)	5 cu	*
Papaya Juice Powder	10mg	*
Spirulina	200mg	*
Barley Grass	100mg	*
Dong Quai	50 mg	*
Vitex (as Chaste Tree (berry))	50 mg	*
Horsetail (herb)	50 mg	*
Fo-ti	25 mg	*
Schizandra (berries)	25mg	*
Nettles (leaf)	25 mg	*
Carrot Powder	10mg	*
Spinach Powder	10mg	*

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.
 Suggested use as a dietary supplement: Take 2 tablets daily with meals.
 Percent Daily Values are based on 2,000 calorie diet. *Daily Value not established.



BIONATURES' VITAMIN FORMULAS

ADVANCED MEGA MULTI (Without Iron)

03-51-180 • 180 Caps • Reg. \$42.86 **50% OFF: \$21.43**

03-52-360 • 360 Caps • Reg. \$73.40 **50% OFF: \$36.70**

This premium high-potency vitamin and mineral complex gives you the best ingredients your money can buy, like natural vitamin E, energizing chlorella and B-vitamins, and free radical-fighting antioxidants like beta carotene and selenium in an easy-to-swallow capsule form. Contains NO sugar, sodium, wheat yeast, corn, soy, iron, chemical preservatives or artificial colors.

Supplement Facts

Serving Size: 6 Capsules

	Amount Per Serving	% DV
Vitamin A (Acetate)	5000 IU	100%
Vitamin A (Beta-Carotene)	15000 IU	300%
Vitamin C (Ester C)	270 mg	450%
Vitamin D (Cholecalciferol)	400 IU	100%
Vitamin E	400 IU	1200%
Thiamin B-1	50 mg	3300%
Riboflavin B-2	50 mg	30%
Niacin B-3	125 mg	560%
Vitamin B-6	50 mg	2500%
Folate (Folic Acid)	400 mcg	100%
Vitamin B-12	100 mcg	1666%
Biotin	300 mcg	100%
Pantothenic Acid	100 mg	500%
Calcium (Chelate, Carbonate)	400 mg	32%
Phosphorus	100 mg	10%
Iodine (Kelp)	150 mcg	*
Magnesium (Oxide, Chelate)	350 mg	100%
Zinc (Picolinate)	22 mg	130%

Selenium	200 mcg	140%
Copper (Gluconate)	2 mg	100%
Manganese	3 mg	150%
Chromium (Picolinate)	200 mcg	168%
Molybdenum	100 mcg	130%
Potassium (Phosphate)	99 mg	*
PABA	100 mg	*
Bioflavonoid Complex	100 mg	*
DL-Methionine	100 mg	*
Betaine HCL	100 mg	*
Bromelain	100 mg	*
Choline (Bitartrate)	90 mg	*
Inositol	85 mg	*
RNA (Chlorella)	40 mg	*
Rutin	25 mg	*
Hesperidin	25 mg	*
Silica (Horsetail)	15 mg	*
DNA (Chlorella)	12 mg	*
Boron (Rice Powder Chelate)	2 mg	*

Suggested use as a dietary supplement: 6 capsules daily.

Percent Daily Values are based on 2,000 calorie diet. *Daily value not established.

ESTER C W/BIOFLAVONOIDS (500 MG)

09-52-225 • 225 Caps • Reg. \$38.75 **50% OFF: \$19.38**

09-57-450 • 450 Caps • Reg. \$72.50 **50% OFF: \$36.25**

Ester C® is a unique form of buffered Vitamin C with metabolites. Metabolites are compounds derived from nutrients that are normally created in the body. Research has demonstrated that this combination of non-acidic Vitamin C with metabolites is well absorbed and retained in blood cells and tissues. We have further enhanced this superior product with the synergistic blend of Bioflavonoids, Acerola, Rose Hips and Rutin.

Supplement Facts

Serving Size: 1 capsule

	Amount Per Serving	% DV
Vitamin C (from Ester-C® Calcium Ascorbate)	500mg	830%
Calcium (from Ester-C® Calcium Ascorbate)	57mg	6%
Citrus Bioflavonoids (37% total)	200mg	*
Bioflavonoids as Hesperidin		
Acerola Powder (Malpighia glabra) (Fruit)	75mg	*
Rose Hips Powder (Rosae pseudofructus) (Fruit)	75mg	*
Rutin	50mg	*

Other ingredients: Gelatin (capsule) and Magnesium Stearate. Contains no sugar, yeast, wheat, gluten, milk, egg or soy. Suggested use as a dietary supplement: Take 1 capsule, 1-3 times daily, preferably with meals. *Daily value not established.



BIONATURES' VITAMIN FORMULAS

NIACIN (No Flush, 300 MG)

08-54-120 • 120 Vcaps • Reg. \$28.25 **50% OFF: \$14.13**

The body needs Niacin (Vitamin B3) to extract energy from fat, carbohydrate and protein. Our formula uses nicotinic acid, the form of niacin that is commonly known as a natural cholesterol regulator. Like all members of the B family, niacin plays a key role in energy metabolism.

Supplement Facts

Serving Size: 1 Capsule	Amount Per Serving	% DV
Vitamin C (as magnesium ascorbate)	100mg	167%
Niacin (as inositol hexanicotinate)	300mg	1500%
Chromium (as chromium amino acid chelate)	50mcg	167%
Other ingredients: Rice powder, magnesium stearate, silicon dioxide, cellulose.		
Suggested use as a dietary supplement: Take 1 Vcap 1-2 times daily.		
Percent Daily Values are based on 2,000 calorie diet.		

B-100 HI POTENCY COMPLEX

08-55-090 • 90 Caps • Reg. \$23.01 **50% OFF: \$11.51**
 08-56-180 • 180 Caps • Reg. \$40.54 **50% OFF: \$20.27**

B-100 Caps are a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins and is designed to supply your body's required daily intake in one complete supplement.

Supplement Facts

Serving Size: 1 Capsule	Amount Per Serving	% DV
Thiamine (from Thiamine HCl) (Vitamin B-1)	100 mg	6670%
Riboflavin (Vitamin B-2)	100 mg	5880%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine HCl)	100 mg	5000%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	1670%
Biotin	100 mcg	35%
Folic Acid	400 mcg	100%

Pantothenic Acid (from Calcium Pantothenate)	100 mg	1000%
Choline Bitartrate	100 mg	*
Inositol	100 mg	*
PABA	10 mg	*

Other Ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Silica. Contains no: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Suggested use as a dietary supplement: Take one capsule daily, preferably with meals. Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.

VITAMIN D (1000 IU)

09-55-120 • 120 Softgels • Reg. \$11.42 **50% OFF: \$5.71**
 09-56-240 • 240 Softgels • Reg. \$17.91 **50% OFF: \$8.96**

BioNatures' Vitamin D-1000 softgels supply recommended levels of vitamin D in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes more necessary to ensure your body receives an adequate supply.

Supplement Facts

Serving Size: 1 Softgel	Amount Per Serving	% DV
Vitamin D3 (as Cholecalciferol)	1000 IU	250%
Suggested use as a dietary supplement: Take one softgel daily with a meal.		
Other ingredients: Olive Oil and Softgel Capsule (gelatin, glycerin, water).		
Contains no: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.		
Percent Daily Values are based on 2,000 calorie diet.		

VITAMIN E 400 IU MIXED TOCOPHEROLS

06-67-090 • 90 Softgels • Reg. \$16.96 **50% OFF: \$8.48**
 06-68-180 • 180 Softgels • Reg. \$28.12 **50% OFF: \$14.06**

Our most comprehensive blend of tocopherols, BioNatures Vitamin E 400 IU Mixed is a remarkable formula that works synergistically with other antioxidants to protect the body from cellular damage caused by harmful free radicals. By combining alpha-, beta-, delta-, and gamma- tocopherols, BioNature's unique blend of these oxidation quenching nutrients is easily digested and critical to good overall health.

Supplement Facts

Serving Size: 1 Softgel	Amount Per Serving	% DV
Vitamin E (as unesterified d-alpha tocopherol plus mixed tocopherols: d-beta, de-delta, and d-gamma tocopherols.)	400 IU	1330%
Other Ingredients: Soybean Oil, Gelatin, Glycerin, Water. Contains only 100% natural Vitamin E. Free of: sugar, yeast, wheat, gluten, corn, or milk.		
Suggested use as a dietary supplement: Take one softgel daily, preferably with meals. * Percent Daily Values are based on 2,000 calorie diet.		

From the FDA's website: "Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive."



BIONATURES' SPECIALTY PRODUCTS

BIO-ENZYMES PAIN AND INFLAMMATION

02-51-250 • 250 Tabs • Reg. \$60.43 **50% OFF: \$30.22**

Bio-Enzymes® support systemic (whole body) health. Enhances immunity, reduces inflammation and pain to speed up the body's own repair process. Safe, natural and effective. Endorsed by Dr. Michael Loes, director of the Arizona Pain Institute and author of The Healing Response. Enteric coated and pH stable.

Supplement Facts

Serving Size: 4 Tablets

	Amount Per Serving	% DV
Proprietary enzyme blend:	1485 mg	*
Pancreatin 4x USP, papain, Bromelain, trypsin, chymotrypsin		
Rutin	400 mg	*
White Willow Bark	100 mg	*
Turmeric	100 mg	*

Suggested use as a dietary supplement: Take 4 tablets daily on an empty stomach. *Daily value not established.

BRAIN ELEVATE

02-52-060 • 60 Vcaps • Reg. \$29.96 **50% OFF: \$14.98**

02-72-120 • 120 Vcaps • Reg. \$59.36 **New Size! 50% OFF: \$29.68**

For centuries, Eastern civilizations have relied on Huperzine as a broadly useful herbal health aid. It was only recently discovered however, that this rare moss extract has the ability to prevent the breakdown of acetylcholine - a chemical in the brain that plays a substantial role in cognitive clarity and memory function. By combining this extract with a proprietary blend of other natural substances that help protect neuronal tissue and improve blood flow (RoseOx®, Ginkgo Biloba, L-Glutamine and more), BioNatures' Brain Elevate VCaps may be advantageous for elevating cognitive performance.

Supplement Facts

Serving Size: 1 Vcap

	Amount Per Serving	% DV
Ginkgo Biloba Extract (min. 24% Flavonglycosides, min. 6% Ginkgolides)	60 mg	*
RoseOx® (Standardized Rosemary Leaf Extract) (min. 6% Carnosic Acid)	25 mg	*
Phosphatidyl Serine (LECI-PS®)	15 mg	*
Huperzine A (Huperzia serrata) (Moss)	25 mcg	*
L-Glutamine (Free-Form)	125 mg	*

Gotu Kola (Centella asiatica (4:1 Extract) (Leaf)	125 mg	*
Choline (from Choline Bitartrate)	50 mg	*

Other Ingredients: Cellulose (capsule), Magnesium Stearate (vegetable source), Rice Flour and Silica. Free of: sugar, salt, yeast, wheat, gluten, corn, milk, or preservatives. Vegetarian formula.

Suggested Use: As a dietary supplement, take 1 Vcaps 1 to 2 times daily. Do not exceed dosage without advice of a physician.

Warnings: Do not use if pregnant or lactating. Do not take this product if you are taking a prescription medication, or have a history of heart or pulmonary problems, without first consulting a physician.

Percent Daily Values are based on 2,000 calorie diet. *Daily Value not established.

GARLISAN WITH CAYENNE (500 MG)

03-58-180 • 180 Caps • Reg. \$18.81 **50% OFF: \$9.41**

03-59-240 • 240 Caps • Reg. \$33.86 **50% OFF: \$16.93**

This potent blend of organically grown garlic also contains alfalfa, and cayenne for stimulating blood flow and immune function. Unlike "unscented" garlic products, BioNatures' Garlisan keeps garlic's most powerful natural constituents, including allicin, fully intact. Also contains chlorophyll, nature's deodorizer, to make it pleasant to use.

Supplement Facts

Serving Size: 3 Capsules

	Amount Per Serving	% DV
Garlic	250 mg	*
Alfalfa (leaf)	225 mg	*
Cayenne Pepper (40,000 HU)	25 mg	*

Suggested use as a dietary supplement: Take 3 Capsules daily preferably 1 before each meal.

*Daily value not established.

BIONATURES' SPECIALTY PRODUCTS

PROSTA-NUTRIENTS New Formula!

02-63-090 • 90 Softgels • Reg. \$43.32 **50% OFF: \$21.66**
 02-64-180 • 180 Softgels • Reg. \$80.85 **50% OFF: \$40.43**

Prosta-Nutrients is a synergistic formulation of the most potent and effective standardized herbs. Saw Palmetto and Stinging Nettle Root extract have been shown in European studies to support prostate function. We have provided additional nutritional support with Pumpkin Seed Oil, Zinc, Vitamin B-6 and Lycopene.

Supplement Facts

Serving Size: 2 Softgels	Amount Per Serving	% DV
Calories from Fat	9	
Total Fat	1.0 g	2%
Trans Fat	0 g	*
Vitamin B-6 (from Pyridoxine HCl)	10 mg	500%
Zinc (from Zinc Gluconate)	20 mg	67%
Saw Palmetto Berry Extract†† (Serenoa repens)	160 mg	*
Pygeum Africanum Bark Extract (13%)	10 mg	*
Stinging Nettle Root Extract (Urtica dioica) (30 ppm scopoletin)	250 mg	*
Pumpkin Seed Oil	950 mg	*
Lycopene (LYC-O-MATO® Natural Tomato Extract)	3 mg	*

Other Ingredients: Gelatin, Glycerine, Carob Extract, Beeswax and Water. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Suggested use as a dietary supplement (especially for men): Take 2 softgels 1 to 2 times daily with meals.

Percent Daily Values are based on 2,000 calorie diet.

* Daily Value not established.

††Standardized to contain between 85%-95% fatty acids and biologically active sterol compounds.

PROSTA-CARE (750 MG)

03-55-120 • 120 Caps • Reg. \$22.81 **50% OFF: \$11.41**
 03-56-240 • 240 Caps • Reg. \$39.75 **50% OFF: \$19.88**
 03-57-400 • 400 Caps • Reg. \$60.46 **50% OFF: \$30.23**

BioNatures' Prosta-Care contains saw palmetto berry extract, flaxseed, the richest source for the essential fatty acids, omega 3 and omega 6; pumpkin seeds, an excellent source of zinc; and juniper berries, for their tonic and diuretic properties. Prosta-Care is designed to provide specific nutrients for the prostate, which in turn supports health elements in prostate function. This formula is created to help alleviate symptoms of benign prostatic hyperplasia (BPH), otherwise known as enlarged prostate.

Supplement Facts

Serving Size: 1 Capsule	Each Capsule Contains	% DV
Flax (seed)	350mg	*
Pumpkin PE (seed)	220mg	*
Saw Palmetto PE (berry ¹)	120mg	*
Pumpkin (seed)	30mg	*
Juniper (berry)	30mg	*

Suggested use as a dietary supplement: 1 or more capsules per day, preferably with meals.

*Daily Value not established

¹Standardized extract 90% free fatty acid.

LECITHIN 19 GRAIN (1200 MG)

03-78-240 • 240 Softgels • Reg. \$32.98 **50% OFF: \$16.49**

Lecithin Capsules contain 15% phosphatidyl choline, which comprises a major portion of our brain and nervous system. Lecithin is also a source of essential fatty acids, choline, and inositol. Lecithin aids in emulsifying fats, enabling them to be dispersed in water.

Supplement Facts

Serving Size 3 softgels	Amount Per Serving	% DV
Calories	30	
Calories from Fat	30	
Total Fat	2.37 g	3 %
Saturated Fat	0 g	0%
Polyunsaturated Fat	2 g	*
Phosphatidyl Choline	540 mg	*
Phosphatidyl Ethanolamine	430 mg	*
Phosphatidyl Inositol	330 mg	*

Other Ingredients: Soybean Lecithin, Gelatin, Glycerine, and water.

Suggested use as a dietary supplement: take 3 softgels 1 to 2 times daily.

*Percent Daily Values are based on 2,000 calorie diet. *Daily Value not established.

Free of: yeast, wheat, corn, milk, egg, preservatives.



Integrative Supplements

BIONATURES' SPECIALTY PRODUCTS

CARDIAC ONE

03-63-120 • 120 Caps • Reg. \$56.06 **50% OFF: \$28.03**

03-64-240 • 240 Caps • Reg. \$105.84 **50% OFF: \$52.92**

Developed by one of the foremost authorities in the country on naturopathic medicine, Cardiac One is designed to give your body superior, natural support for healthy cholesterol and blood sugar levels, maintain proper blood flow, fend off oxidative damage, promote healthy homocysteine levels, inhibit inflammation, energize and strengthen your heart muscle, keep a steady heart rate, and support your liver in maintaining heart function.

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	% DV
Vitamin C	6 mg	11%
Thiamin	10 mg	700%
Vitamin B-6	40 mg	1500%
Folic Acid	1.6 mg	250%
Vitamin B-12	400 mcg	6400%
Elemental Magnesium	20 mg	*
Selenium	50 mcg	70%
Chromium	150 mcg	120%
Betaine (as betaine HCl)	100 mg	*
Taurine	50 mg	*
Bromelain (2000 m.c.u.)	200 mg	*
L-Carnitine	150 mg	*

Alpha Lipoic Acid	20 mg	*
Anthocyanidines	20 mg	*
Proanthocyanidines	20 mg	*
Coenzyme Q10	20 mg	*
Hawthorne (4:1 berry extract)	150 mg	*
Dandelion (4:1 root extract)	20 mg	*
Milk Thistle (80% sylimarin)	30 mg	*
Ginkgo Biloba	40 mg	*
Curcumin	50 mg	*
Gymnema Sylvestre	50 mg	*

Suggested use as a dietary supplement: Take 2 capsules daily between meals. Individuals who desire increased support may take 4-8 capsules daily. Percent Daily Values are based on 2,000 calorie diet. *Daily value not established.

DIGEST-EASE

03-66-180 • 180 Caps • Reg. \$40.61 **50% OFF: \$20.31**

Developed to boost your body's ability to repair and heal itself while at the same time keep unhealthful organisms from flourishing. Digest Ease provides a complete range of enzymes needed to adequately digest all types of food and enhance nutrient uptake.

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	% DV
Vitamin C (as ascorbylpalmitate)	10 mg	17%
Amylase (A. oryzae)	1250 DU	*
Cellulase (A. oryzae)	560 CMC-aseU	*
Protease I (A. oryzae)	22500 HUT	*
Protease II (A. oryzae)	3100 HUT	*
Protease III (A. oryzae)	4500 HUT	*
Lactase (A. oryzae)	1800 LacU	*
Lipase (A. niger)	240 LU	*
Cellulase (A. niger)	130 CMC-aseU	*
Lipase (R. javanicus)	2200 LU	*
Protease IV (R. niger)	100 SAPU	*
Sucrase (Sachhromyces ssp.)	40 IA	*
Maltase (H. vulgare)	48 DP	*
Lactobacillus acidolph. And bifidus	50 mg	*

Suggested use as a dietary supplement: Take 2 capsules before each meal. Percent Daily Values are based on 2,000 calorie diet. *Daily value not established.

5-HTP (Natural Source)

03-69-120 • 100 mg. 120 Vcaps • Reg. \$39.88 **50% OFF: \$19.94**

5-HTP (5-hydroxytryptophan), a form of tryptophan, is a naturally occurring amino acid obtained from the plant Griffonia Simplicifolia, helps you maintain proper serotonin levels in your brain. It helps maintain a positive mood, ease anxiety, curb carbohydrate cravings, and promote deep, restful sleep.

Supplement Facts

Serving Size: 1 Vcap

	Amount Per Serving	% DV
5-HTP (5-hydroxytryptophan)	50 mg (or 100 mg)	

Suggested use as a dietary supplement: Take 1-2 vcaps daily, preferably at bedtime.

Vegetarian formula.

*Daily value not established.

BIONATURES' SPECIALTY PRODUCTS



BIO-GROW HAIR, SKIN & NAIL

03-72-060 • 60 Tabs • Reg. \$17.25 **50% OFF: \$8.63**
 03-73-120 • 120 Tabs • Reg. \$28.22 **New Size! 50% OFF: \$14.11**

BioNatures' new and improved hair, skin and nail formula is a potent, fast-acting formula designed to provide the nutrients necessary for vibrant healthy growth. Now with added Flax and Borage oil, known for their many benefits including radiantly beautiful hair, skin and nails.

Supplement Facts

Serving Size: 2 Tabs

	Amount Per Serving	% DV
Vitamin A	5500 IU	110%
Vitamin C	70 mg	117%
Vitamin E	35 IU	100%
Biotin	350 mcg	120%
Iodine (kelp)	155 mcg	*
Selenium	75 mcg	40%
L-Cysteine	50 mg	*
L-Methionine	50 mg	*
Borage Oil	25 mg	*
Flaxseed Oil	14 mg	*
Silica	2 mg	*
Collagen type II	250 mg	*

Zinc	15 mg	*
MSM	50 mg	*
74 Trace Mineral Blend	5 mg	*
Astaxanthin	250 mcg	*
Proprietary Blend:	52.5 mcg	*
White Tea Extract (40% Polyphenols), Oat (bran), Milk Thistle (seed), Bioperine™ (black pepper extract)		

Suggested use as a dietary supplement: Take 2 tabs daily with a meal. Do not exceed 4 tabs daily.

Note: Do not take this product if you are allergic to shellfish. If you are diabetic, pregnant or lactating, consult your health care practitioner before using this product.

Percent Daily Values are based on 2,000 calorie diet. *Daily value not established.

HORMONE BALANCE

02-65-060 • 60 Tabs • Reg. \$27.08 **50% OFF: \$13.54**
 02-75-120 • 120 Tabs • Reg. \$48.43 **50% OFF: \$24.22**

Women's Hormone Balance is a comprehensive formula designed to support a healthy hormonal balance in women of all ages. It includes a combination of phytoestrogenic herbs like black cohosh, dong quai and vitex, along with a variety of vitamins and minerals.

Supplement Facts

Serving Size: 2 Tablets

	Amount Per Serving	% DV
Vitamin E (as d-alpha tocopherol)	100 IU	300%
Thiamin (B1)	10 mg	500%
Riboflavin (B2)	10 mg	450%
Niacin (B3)	20 mg	100%
Vitamin (B6)	25 mg	1250%
Folic Acid	200 mcg	50%
Calcium (as calcium carbonate)	200 mg	20%
Magnesium (as magnesium oxide)	100 mg	28%
Boron (as amino acid chelate)	3 mg	*

Selenium	70 mcg	50%
Soy Isoflavones	75 mg	*
Gamma-Oryzanol	75 mg	*
Red Clover	50 mg	*
Black Cohosh	50 mg	*
Dong Quai	75 mg	*
Eleuthero (Siberian Ginseng)	70 mg	*
Vitex (Chaste Tree Extract)	70 mg	*

Suggested use as a dietary supplement: Take 2 tabs daily.

* Percent Daily Values are based on 2,000 calorie diet. * Daily value not established.



BIONATURES' SPECIALTY PRODUCTS



BILBERRY EYE FORMULA

03-61-120 • 120 Caps • Reg. \$45.74 **50% OFF: \$22.87**
 03-62-240 • 240 Caps • Reg. \$84.68 **50% OFF: \$42.34**

We have combined all the important nutrients – bilberry, lutein, eyebright, ginkgo biloba, rutin, vitamins and minerals – that support healthy eye function. Loaded with potent antioxidants, minerals, and other nutrients, this formula provides valuable support for your eyesight.

Supplement Facts

Serving Size: 2 Capsules		
	Amount Per Serving	% DV
Vitamin A (as beta carotene)	2000 IU	40%
Vitamin C (as Ester C)	200 mg	333%
Vitamin E (d-succinate)	50 IU	160%
Magnesium (as glycinate)	50 mg	15%
Zinc (as glycinate)	6 mg	60%
Selenium	50 mcg	*
Chromium	50 mcg	*
Bilberry (fruit)	80 mg	*
Eyebright extract 4:1	50 mg	*
Rutin	50 mg	*
Ginkgo Biloba extract	40 mg	*
Lutein	1 mg	*

Suggested use as a dietary supplement: Take 2 Capsules daily.

*Percent Daily Values are based on 2,000 calorie diet. *Daily value not established.

LUTEIN PLUS EYE COMPLEX

03-71-060 • 60 Caps • Reg. \$25.29 **50% OFF: \$12.65**
 03-70-120 • 120 Caps • Reg. \$48.05... **New Size!** **50% OFF: \$24.03**

This formula is designed to support healthy eyes and vision. Lutein has been called our “natural sunglasses” due to its ability to protect the eyes against radiation damage by acting as an optic filter and an antioxidant.

Supplement Facts

Serving Size 2 capsules		
	Amount Per Serving	% DV
Vitamin A (from beta carotene)	20000 IU	400%
Vitamin C (as ascorbic acid)	750 mg	1250%
Vitamin E (as d-alpha-tocopheryl acid succinate)	200 IU	667%
Vitamin B1 (Thiamin HCl)	1.50 mg	100%
Vitamin B2 (Riboflavin)	25 mg	1667%
Niacinamide	20 mg	100%
Vitamin B6 (Pyridoxine HCl)	2 mg	100%
Vitamin B12 (cyanocobalamin)	6 mcg	100%
Pantothenic Acid	10 mg	100%
Zinc (from zinc picolinate)	12.50 mg	83%
Selenium (from selenomethionine)	50 mcg	71%
Chromium (from chromium picolinate)	100 mcg	83%

Citrus Bioflavonoids Complex	125 mg	*
N-Acetyl L-Cysteine (NAC)	100 mg	*
Taurine	100 mg	*
Quercetin	50 mg	*
Rutin	50 mg	*
Bilberry Berry Extract (standardized for 25% anthocyanins)	12.50 mg	*
L-Glutathione	10 mg	*
Lutein	10 mg	*
Zeaxanthin	250 mcg	*

Other ingredients: dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, magnesium stearate and silicon dioxide.

Suggested use as a dietary supplement: For adults, take two capsules daily, preferably with a meal. Percent Daily Values are based on 2,000 calorie diet.

*Daily Value not established.

BIONATURES' SPECIALTY PRODUCTS

EXTRA-STRENGTH ACIDOPHILUS 2 BILLION **Highest Quality!**
 03-80-120 • 120 Caps • Reg. \$42.77 **50% OFF: \$21.39**

This product has been designed to provide a high potency of the most prominent type of resident bacteria in the small intestine. Regular intake of beneficial probiotics can aid in maintaining healthy intestinal flora.

This superior probiotic has been carefully formulated, handled, and tested to ensure maximum stability and full labeled potency.

Supplement Facts

Serving Size: 1 Capsule	Amount Per Serving	% DV
Lactobacillus acidophilus	2 Billion	*
Other Ingredients: Potato Starch, Gelatin (capsule), Silica and Magnesium Stearate. Contains milk derivative.		
Contains no: sugar, salt, shellfish, yeast, corn, wheat, soy, egg, preservatives or gluten. Note for those highly sensitive to milk protein: This product may contain minute amounts of casein.		
Suggested use as a dietary supplement: take 1 capsule 1 to 4 times daily, with or before meals.		
Percent Daily Values are based on 2,000 calorie diet.		
* Daily Value not established.		

RED YEAST RICE (600 MG)
 03-82-120 • 120 Vcaps • Reg. \$47.17 **50% OFF: \$23.59**

Helps to maintain healthy cholesterol levels. Red Yeast Rice is a unique natural product native to China that's been used in Asian traditional medical systems since approximately 800 A.D. Produced by fermenting red yeast with white rice.

Warning: Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. Individuals with liver disease or those currently taking any medications should consult with a health practitioner prior to use.

Supplement Facts

Serving Size: 2 Vcaps	Amount Per Serving	% DV
Red Yeast Rice	1200 mg	*
(monascus purpureus) Concentrated 10:1 powder		
Suggested use as a dietary supplement: Take 2 Vcaps 1-2 times daily.		
*Daily value not established.		

PYGEUM EXTRACT (50 MG)
 03-84-240 • 240 Caps • Reg. \$24.13 **50% OFF: \$12.07**

BioNatures' Pygeum Extract provides a potent, high-quality source of this well-researched herb. Contains rich amounts of the most important phytosterol, beta-sitosterol, along with other important compounds for enhancing the health of the organ and augmenting prostate function.

Supplement Facts

Serving Size: 1 Capsule	Amount Per Serving	% DV
Pygeum Extract	50mg	*
(Std. to 12% Phytosterols)(beta-sitosterol)		
Other Ingredients: Rice flour, gelatin, magnesium stearate.		
Suggested use as a dietary supplement: Take 1-2 capsules daily.		
*Daily value not established.		

VINPOCETINE
 03-86-120 • 120 Caps • Reg. \$64.72 **50% OFF: \$32.36**

A powerful trio of nutrients for enhancing your memory and concentration. Vinpocetine provides fast-acting memory support by boosting blood and oxygen supply to neurons, and protect against free radical damage.

Supplement Facts

Serving Size: 1 Capsule	Amount Per Serving	% DV
Vitamin B-6	2 mg	100%
Taurine	250 mg	*
Ginkgo Biloba, powdered extract (leaf)		
(24% Ginkgolivonglycosides)	60 mg	*
Vinpocetine, Periwinkle (herb)	10 mg	*
Suggested use as a dietary supplement: Take 1 capsule twice daily.		
Percent Daily Values are based on 2,000 calorie diet.		
*Daily value not established.		



BIONATURES' SPECIALTY PRODUCTS

LYCOPENE (10 MG)

03-88-060 • 60 Softgels • Reg. \$31.77 **50% OFF: \$15.89**

Lycopene is a powerful antioxidant carotenoid and the pigment that gives tomatoes, watermelon, and pink grapefruit their characteristic red color. Clinical studies have indicated that Lycopene works through a number of mechanisms to support cardiovascular health and immune function. In addition, epidemiological studies have determined that Lycopene may be particularly important for the support of prostate health, as well as for the health of the digestive tract.

Supplement Facts

Serving Size: 1 Softgel		Amount Per Serving	% DV
Lycopene (LYC-O-MATO®) (From Natural Tomato Extract)		10 mg	*
Other Ingredients: Rice Bran Oil, Gelatin, Glycerine and Purified Water			
Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, preservatives.			
Suggested use as a dietary supplement: Take one softgel daily, preferably with meals.			
Percent Daily Values are based on 2,000 calorie diet.			
* Daily Value not established.			

ROYAL JELLY (300 MG)

03-91-120 • 120 Softgels • Reg. \$29.57 **50% OFF: \$14.79**
03-90-240 • 240 Softgels • Reg. \$56.19 **50% OFF: \$28.10**

Royal Jelly is naturally rich in vitamins, amino acids, enzymes, proteins and nutrients. Royal Jelly starts up and revives the function of the cells, the secretion of glands, the metabolism and blood circulation.

Supplement Facts

Serving Size: 2 Softgels		Amount Per Serving	% DV
Royal Jelly (min 6% 10-HDA)		182 mg	*
(a 3.3:1 freeze-dried concentrate equivalent to 600 mg of fresh Royal Jelly)			
Suggested use as a dietary supplement: Take 2 softgels, 1 to 3 times daily.			
*Daily value not established.			

QUERCETIN WITH BROMELAIN

03-92-100 • 100 Vcaps • Reg. \$30.79 **50% OFF: \$15.40**

Quercetin is a water soluble bioflavonoid found primarily in apples and onions, but is also found in red wine, green tea and leafy vegetables. Quercetin has been shown to support healthy histamine response. It has antioxidant properties and may also support cardiovascular health.

Supplement Facts

Serving Size 1 capsule		Amount Per Serving	% DV
Quercetin		500 mg	*
Bromelain (from pineapple) 2400 GDU/g, 360 GDU/150 mg			*
Other ingredients: Rice powder, magnesium stearate, cellulose.			
Suggested use as a dietary supplement: Take 1 capsule, two to three times daily on an empty stomach. *Daily value not established.			

GINKGO BILOBA HI POTENCY (120 MG)

03-98-180 • 180 Caps • Reg. \$18.37 **50% OFF: \$9.19**

BioNatures' Ginkgo Biloba is grown and extracted under the highest quality standards. Our Ginkgo Biloba Extract is the finest quality available worldwide. Scientific research has demonstrated that Ginkgo Biloba Extract may have powerful antioxidant properties.

Supplement Facts

Serving Size: 1 Capsule		Amount Per Serving	% DV
Ginkgo Biloba Extract (Leaf)		120 mg	*
Free of: yeast, wheat, gluten, corn, soy, milk, sugar, salt, preservatives, caffeine			
Other Ingredients: Cellulose (capsule) and Stearic Acid (vegetable source)			
Suggested Use as a dietary supplement: Ttake one capsule daily, preferably with meals.			
Warnings: Consult your physician before consumption if you are currently taking any Anti-Coagulant or MAO Inhibiting Drugs.			
*Daily value not established.			

BIONATURES' SPECIALTY PRODUCTS



7-KETO™ DHEA SUPPORT (25 MG)

02-67-090 • 90 Caps • Reg. \$38.02 **50% OFF: \$19.01**
 02-68-180 • 180 Caps • Reg. \$72.23 **50% OFF: \$36.12**

7-Keto™ is a natural occurring metabolite of DHEA, providing the same benefits of DHEA, without its associated side effects. Because the body's production of DHEA declines with age, so does the production of 7-Keto™. Weight gain is a common sign of aging that often accompanies the decreased production of DHEA and its metabolites. Supplementation with 7-Keto™ can safely promote thermogenesis, thereby supporting the maintenance of healthy body weight.

Supplement Facts

Serving Size: 3 Vcaps

	Amount Per Serving	% DV
7-KETO® (DHEA Acetate-7-one)	75 mg	*
Other Ingredients: Rice, Flour, Vegetable Polysaccharide (capsule) and Magnesium Stearate (vegetable source).		
Free of: sugar, salt, shellfish, yeast, wheat, gluten, soy, milk, egg or preservatives. Vegetarian Formula.		
Suggested use as a dietary supplement: Take 3 Vcaps 3 times daily, preferably with meals.		
* Percent Daily Values are based on 2,000 calorie diet.		
† Daily Value not established.		

REM-SLEEP New!

02-69-030 • 30 Caps • Reg. \$28.03 **50% OFF: \$14.02**
 02-71-060 • 60 Caps • Reg. \$50.45 **50% OFF: \$25.23** New Size!

BioNature's REM-Sleep is a unique formula designed to support restful sleep. It contains the essential amino acid L-Tryptophan which is a precursor to serotonin; combined with Valerian, Melatonin and Chamomile. BioNature's REM-Sleep can help calm the mind and induce a more tranquil sleep.

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% DV
Vitamin C (as Magnesium ascorbate)	60mg	100%
Niacin (as Inositol hexanicotinate)	5mg	25%
Vitamin B6 (as Pyridoxine HCL)	5mg	250%
Magnesium (as Magnesium ascorbate)	4.5mg	1%
L-Tryptophan	500mg	*
Chamomile Extract	25mg	*
Valerian Extract	25mg	*

Melatonin	1mg	*
Inositol (from Inositol hexanicotinate)	1.43mg	*
Other ingredients: Cellulose, microcrystalline cellulose, silicon dioxide, magnesium stearate.		
Suggested Use as a dietary supplement: Take 1 capsule, one half hour before sleeping, preferably on an empty stomach.		
Percent Daily Values are based on 2,000 calorie diet. *Daily Value not established.		

What Does it Take to Make YOUR Nutritional Supplement Safe and Effective?

The answer to that question depends on what brand you are using. If you are taking BioNatures Supplements... read on. If you are not, then... read on!

All incoming raw materials are thoroughly tested before they are released for use in BioNatures' products. Quality checks continue throughout the various stages of manufacturing, as well as at the completion of production.

MICROBIOLOGICAL TESTING

BACTERIA TESTING - By testing for and counting the bacteria on machinery and equipment in the production area, BioNatures can evaluate the standard hygiene level and the efficiency of their cleaning procedures. By checking the bacteria counts in the production areas we ensure that our products will not become contaminated in the manufacturing plant.

TOTAL BACTERIA TESTING - To determine the number of microbes that might be contaminating a product, we take a total plate count. We test a sample of raw material or finished product and determine the amount of aerobic microbe contamination in the sample. We can then compare this count to our stringent allowable spec levels. If any raw material counts are higher than allowable levels, the batch is rejected and returned to the vendor. Finished products are also audited to ensure they meet BioNature's quality specifications.

MOLD AND YEAST TESTING - BioNatures regularly performs yeast and mold counts by using a count plate. A count plate is a specialized dish that contains the elements a mold or yeast would need to sustain life if it were present.

E. COLI AND COLIFORM TESTING - The dangers of E. coli bacteria are well known. BioNatures tests raw materials for the presence of E. coli and Coliforms using specially designed E. coli/Coliform count plates that contain an indicator that turns the bacteria blue (E. coli) and pink (Coliforms) if present. This allows for visual identification of the bacteria and rejection of that particular batch of raw material.

SALMONELLA TESTING - Salmonella bacteria is responsible for many food poisoning cases. BioNatures regularly tests for salmonella bacteria in herbal raw materials and products.

PURITY TESTING

ORGANOLEPTIC ID TESTING - This analysis includes testing with the senses, i.e. checking the taste, odor, color, and appearance of the raw material.

INFRARED SPECTROSCOPY (FTIR) - The FTIR test validates the authenticity of a raw material. A beam of infrared light is passed through a sample of the raw material. As the beam shines on the sample, the sample absorbs energy from the beam at certain frequencies. When we chart the frequencies at which the sample absorbs energy, we get the "absorption spectrum." No two raw materials have the exact same absorption spectrum, so by comparing these spectrums to existing spectrums, BioNatures can positively identify the raw material. This test is critical because some raw materials look, smell, and taste exactly alike, but one may cost 25 times more than another. Without FTIR testing, suppliers may be tempted to dilute the more expensive raw material with inexpensive "fillers."

HIGH PERFORMANCE LIQUID CHROMATOGRAPHY (HPLC)

- This extremely sensitive, computerized tool allows us to analyze the ingredients in a mixture. BioNatures places a dissolved sample of a mixture in the auto sampler unit and pumps it through the analytical column. The mixture separates into different vitamin (or herb) components, and the highly sensitive detector measures the amount of each component in the mixture. We can use HPLC to verify proper ingredient ratios in a mixture, or to examine the purity and potency of raw materials.

ATOMIC ABSORPTION (AA) - This sensitive, computerized tool allows us to analyze the minerals in a mixture. We place a dissolved sample of mixture in the auto sampler unit and pump it through the analytical flame. The highly sensitive detector measures the amount of each component in the mixture. We can use Atomic Absorption to verify proper ingredient ratios in a mixture, or to examine the purity and potency of raw materials.

Is all this necessary to make a supplement? No. Most companies don't do half of the testing listed. But they can sell you their products for 70% or more off retail. Now you know why. Don't trust your health, your life, to anyone who can't tell you they follow all of the steps we follow. At BioNatures, you truly get what you pay for.

BIONATURES' CoQ10 PRODUCTS

CoQ10 (30 MG)

04-53-240 • 240 Vcaps • Reg. \$38.50



50% OFF: \$19.25

Our high-quality, organic form of coenzyme Q10 lets you take advantage of this "miracle" nutrient's many important benefits. It is produced exclusively in Japan through a natural fermentation process. Available in three different potency levels to meet your individual needs and offer you the greatest value.

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% DV
Coenzyme Q10 (ubiquinone)	30, 60 or 100 mg	*

Suggested use as a dietary supplement: Take 1 capsule daily, preferably between meals.

Contains no artificial colors, flavors or preservatives.

*Daily value not established.

CoQ10 (60 MG)

04-56-120 • 120 Vcaps • Reg. \$32.89



50% OFF: \$16.45

CoQ10 (100 MG)

04-57-060 • 60 Caps • Reg. \$25.96



50% OFF: \$12.98

04-58-120 • 120 Caps • Reg. \$46.42

50% OFF: \$23.21

CoQ10 WRINKLE DEFENSE CREAM

04-59-002 • 4 oz. • Reg. \$65.12

50% OFF: \$32.56

This amazing moisturizing cream is formulated to help replenish the skin with vital vitamins and nutrients, including the super youth-promoting antioxidant CoQ10. Each ingredient is scientifically proven to help visibly reduce the signs of aging and aid in repairing and neutralizing damage due to environmental stress.

Ingredients

Water, MSM, Stearic Acid, Hydrolyzed Vegetable Oil, Cetyl Alcohol, Triethanolamine, Methylparaben, Propylparaben, Allantoin, Jojoba, Rosemary, Saponaria, Espinosilla, Guaca, Chamomile, CoQ10, Emu Oil, Green Tea, Aloe Vera, Vitamin A, Vitamin D, Vitamin E, Collagen, Ginseng, Ginkgo Biloba, Natural Fragrance.

CoQSOL-CF (60 MG)

04-62-120 • 60 MG • 120 Softgels • Reg. \$71.92

50% OFF: \$35.96

CoQSOL-CF (100 MG)

04-61-060 • 100 MG • 60 Softgels • Reg. \$64.75

50% OFF: \$32.38

04-63-120 • 100 MG • 120 Softgels • Reg. \$110.07

50% OFF: \$55.04

CoQsol-CF™ is a unique, patent-pending formula of CoQ10, tocopherol (vitamin E), and d-limonene. Tocopherols are added because they enhance the biological function of CoQ10, which in turn, helps maintain the antioxidant state of vitamin E. D-limonene serves as an organic solvent, creating a liquid, crystal-free solution of CoQ10 that provides enhanced absorption.

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving: (60 mg)	(100 mg)	% DV
Vitamin E	60 IU	(100 IU)	200%
Coenzyme Q-10	61 mg	(102 mg)	*
Mixed Tocopherols	48 mg	(81 mg)	*

Other Ingredients: D-Limonene oil, gelatin, glycerin, medium chain triglycerides, purified water, turmeric powder, zinc-oxide, riboflavin-caramel-carmines based colorant for imprint. Suggested use as a dietary supplement: Take 1 softgel 1-3 times daily.

Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.



BIONATURES' JOINT HEALTH



HEALTHY JOINT COMPLEX

02-61-120 • 120 Caps • Reg. \$27.70 **50% OFF: \$13.85**
 02-62-240 • 240 Caps • Reg. \$53.88... **New Size! ... 50% OFF: \$26.94**

BioNatures' Healthy Joint Complex is designed to nourish your joints with a variety of nutrients shown to enhance joint strength, flexibility, and comfort such as Glucosamine Sulfate, Boswellia, Sea Cucumber, Devil's Claw root, B-complex vitamins plus C, along with minerals such as magnesium, copper and zinc.

Supplement Facts

Serving Size: 4 Capsules

	Amount Per Serving	% DV
Vitamin C	100 mg	166%
Vitamin B-3	100 mg	200%
Vitamin B-6	50 mg	2500%
Vitamin B-5	100 mg	*
Magnesium (oxide)	200 mg	50%
Zinc (picolinate)	15 mg	100%
Copper (amino acid chelate)	3 mg	150%
Manganese (amino acid chelate)	7 mg	*
D-Glucosamine HCl	1000 mg	*
Boswellin	300 mg	*
Sea Cucumber	300 mg	*
Bromelain	150 mg	*
Yucca baccata PE, 4:1	100 mg	*
PABA	100 mg	*
Devil's Claw PE, 3:1	100 mg	*

Suggested use as a dietary supplement: Take 4 capsules 1-2 times daily with meals.

Percent Daily Values are based on 2,000 calorie diet.

*Daily value not established.

BIONATURES' JOINT HEALTH

MSM (1000 MG)

05-60-240 • 240 Caps • Reg. \$31.15..... **50% OFF: \$15.58**

MSM is a naturally occurring sulfur compound that promotes healthy inflammatory response, eases joint discomfort, and strengthens connective tissue. Clinical studies have shown MSM to be just as effective as NSAIDs like ibuprofen in reducing joint pain and inflammation – without gastrointestinal side effects.

Supplement Facts

Serving Size 2 capsules	Amount Per Serving	% DV
Methylsulfonylmethane (MSM)	2000 mg	*
Other ingredients: Gelatin, stearic acid, magnesium stearate.		

Suggested use as a dietary supplement: Take 2 capsules, one to two times daily with meals. *Daily Value not established.

GLUCOSAMINE SULFATE (750 MG)

05-53-120 • 120 Caps • Reg. \$25.14..... **50% OFF: \$12.57**

05-54-240 • 240 Caps • Reg. \$44.81..... **50% OFF: \$22.41**

05-62-400 • 400 Caps • Reg. \$72.56... **New Size!**..... **50% OFF: \$36.28**

Glucosamine is an amino sugar derived from the chitin of shellfish. It is utilized by the body to support healthy joint structures.*

Supplement Facts

Serving Size 2 capsules	Amount Per Serving	% DV
Potassium (as Potassium Chloride)	245 mg	6%
Glucosamine Sulfate (from 2040 mg Glucosamine Potassium Sulfate Complex)	1.5 g (1,500 mg)	*
Other Ingredients: Gelatin (capsule) and Magnesium Stearate. Contains shellfish derivative. Contains no yeast, wheat, gluten, corn, soy, milk, egg, salt or fillers.		

Suggested use as a dietary supplement: Take 2 capsules 1 to 2 times daily with meals or on an empty stomach.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.
 Warnings: Persons with a known allergy to shellfish should not use this product.

GLUCOSAMINE-CHONDROITIN-MSM

05-56-120 • 120 Caps • Reg. \$31.68..... **50% OFF: \$15.84**

05-57-240 • 240 Caps • Reg. \$57.02..... **50% OFF: \$28.51**

05-63-400 • 400 Caps • Reg. \$87.96... **New Size!**..... **50% OFF: \$43.98**

Now you can get nature's three most powerful joint-supporting nutrients in one convenient formula. This dynamic formula also contains nutrients to help strengthen bone tissue and fend off free radical damage.

Supplement Facts

Serving Size 3 capsules	Amount Per Serving	% DV
Glucosamine Sulfate	1000 mg	*
Chondroitin Sulfate	500 mg	*
Methylsulfonylmethane (MSM)	500 mg	*
Bromelain (from pineapple)	1200GDU/gram	*
Boswellia (leaf)** 60% boswellic acids	100 mg	*

Other ingredients: Magnesium stearate, silicon dioxide, gelatin.
 Suggested use as a dietary supplement: Take 3-4 capsules daily with meals.
 *Daily Value not established, **Standardized
 Note: Do not take this product if you allergic to shellfish.



ACETYL-L-CARNITINE (500 MG)

06-52-100 • 100 Caps • Reg. \$53.53 **50% OFF: \$26.77**

Acetyl-L-Carnitine (ALC) assists in the body's production of acetylcholine, a neurotransmitter that is required by the brain for proper mental functioning. Several clinical studies have linked ALC to an increase in cognitive functioning as well as a decrease in the progression of Alzheimer's disease.

Supplement Facts

Serving Size: 1 Capsules		
	Amount Per Serving	% DV
Acetyl-L-Carnitine	500 mg	*
Suggested use as a dietary supplement: Take 1 capsule 1 to 3 times daily.		
*Daily Value not established		

GUGGULIPID FORMULA (750 MG)

NEW! TRIPLE STRENGTH!

06-57-120 • 120 Caps • Reg. \$42.59 **50% OFF: \$21.30**

06-58-240 • 240 Caps • Reg. \$81.16 **50% OFF: \$40.58**

This purified extract of crude guggul gum from the small mukul tree was first discovered in India, and has been used ever since. With its two active ingredients, Z-Guggulsterone and E-Guggulsterone active at an average of 2.5%, the refined resin supports healthy cardiovascular circulation. Some studies have also reported that these active guggulsterones may be able to assist the body in normalizing cholesterol levels while encouraging healthy immune system response.

Supplement Facts

Serving Size: 1 Capsule		
	Amount Per Serving	% DV
Total Carbohydrate	<1 g	<1%
Guggul Extract	750 mg	*
Other Ingredients: Gelatin (capsule), Calcium Sulfate, Silica and Magnesium Stearate.		
Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.		
Suggested use as a dietary supplement: Take 1 capsule 4 times daily.		
Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.		
CAUTION: Not to be used by pregnant or lactating women or those with liver, stomach, or bowel disorders unless recommended by a health care practitioner. If allergic skin rash occurs, discontinue use and rash will subside. Keep out of reach of children.		

ANTIOXIDANTS / HEART / IMMUNE SYSTEM

OLIVE LEAF EXTRACT (500 MG Vegetarian)

- 06-65-120 • 120 Vcaps • Reg. \$29.37 **50% OFF: \$14.69**
- 06-66-240 • 240 Vcaps • Reg. \$53.77 **50% OFF: \$26.89**

While leaves from the olive tree have been used throughout history to treat a wide range of ailments, it was only recently that Olive Leaf supplementation gained the notoriety it rightly deserves. Known for its ability to remarkably increase the body's response to stress, Olive leaf extract gets its immune supporting powers from oleuropein, the active ingredient. Research has shown that Olive leaf works at the cellular level to measurably strengthen the body's immune response.

Supplement Facts

	Amount Per Serving	% DV
Serving Size: 1 Vcap		
Olive Leaf Extract (<i>Olea europaea</i>) (standardized to contain 6% oleuropein)	500 mg	*
Other Ingredients: Silica, magnesium stearate (vegetable source). Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. Vegetarian/vegan product.		
Suggested use as a dietary supplement: Take 1 Vcap 1 to 3 times daily.		
* Daily Value not established.		

ALPHA LIPOIC ACID (250 MG)

- 06-54-120 • 120 Caps • Reg. \$32.98 **50% OFF: \$16.49**
- 06-55-240 • 240 Caps • Reg. \$60.15 **50% OFF: \$30.08**

This powerful metabolic antioxidant is unique in that it is both fat and water-soluble, can travel to any cell in the body and is therefore one of our most readily available oxidation destroyers. The "universal" antioxidant as its commonly referred to, Alpha Lipoic Acid (or ALA) remains one of the most widely used and trusted free radical fighters to date. Naturally enhancing to the way our body uses B vitamins, ALA is also vital to the production of energy from the proteins, carbohydrates, and fats we take in each day.

Supplement Facts

	Amount Per Serving	% DV
Serving Size 1 capsule		
Alpha Lipoic Acid	250 mg	*
Other Ingredients: Rice Flour, Magnesium stearate. Free of: yeast, wheat, corn, soy, milk, egg, sugar, salt, preservatives and colors.		
Suggested use as a dietary supplement: take one capsule daily, preferably with meals.		
*Daily Value not established.		

BIONATURES' MINERALS

CALCIUM HYDROXYAPATITE

- 07-51-120 • 120 Caps • Reg. \$27.43 **50% OFF: \$13.72**
- 07-52-240 • 240 Caps • Reg. \$49.41 **50% OFF: \$24.71**
- 07-67-400 • 400 Caps • Reg. \$78.23 **New Size! 50% OFF: \$39.12**

Calcium-rich, high collagen microcrystalline hydroxyapatite (MCH) forms the basis for this unique calcium supplement. MCH is the actual form of calcium found naturally in bone tissue. It provides both the organic and inorganic constituents found in the skeletal structure.

Supplement Facts

	Amount Per Serving	% DV
Serving Size: 4 capsules		
Calcium (from Hydroxyapatite)	1.0 g	100%
Phosphorus (from Calcium Hydroxyapatite)	500 mg	50%
Other Ingredients: Magnesium Stearate. Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, synthetics or preservatives.		
Suggested use as a dietary supplement: Take 4 capsules daily, preferably with meals. Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.		



BIONATURES' MINERALS

CORAL CALCIUM PLUS (1000 MG, Sourced from Okinawa)

07-58-120 • 120 Vcaps • Reg. \$24.75 **50% OFF: \$12.38**
 07-59-240 • 240 Vcaps • Reg. \$43.98 **50% OFF: \$21.99**

BioNatures' Coral Calcium + Magnesium has incorporated two highly beneficial minerals in one easy to use supplement. Essential in the development and maintenance of healthy bones and skeletal tissue, BioNatures' Coral Calcium + Magnesium is a safe and effective way to attain positive structural longevity.

Supplement Facts

	Amount Per Serving	% DV
Magnesium (from Magnesium Oxide, Citrate, and Aspartate)	250 mg	60%
Calcium (from Fossilized Coral Calcium)	500 mg	50%
Vitamin D (as Ergocalciferol-a vegetarian source)	400 IU	100%
Fossilized Coral Calcium	1.43 g (1,430 mg)	*

Other Ingredients: Cellulose (capsule), Maltodextrin and Mixed Tocopherols.
 Free of: yeast, wheat, gluten, salt, soy, milk or preservatives.
 Suggested use as a dietary supplement: Take 2 Vcaps 1 to 2 times daily, preferably before meals with water.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.

CHROMIUM PICOLINATE (200 MCG)

07-55-250 • 250 Vcaps • Reg. \$15.38 **50% OFF: \$7.69**

Refined sugars and carbohydrates (a large part of the American diet) are not only deficient in chromium, but actually deplete your body's chromium stores. BioNatures' Chromium Picolinate is naturally chelated to picolinic acid and yeast-free, so it is easily absorbed and utilized by your body.

Supplement Facts

	Amount Per Serving	% DV
Chromium (as chromium picolinate)	200 mcg	167%

Other ingredients: Rice powder, cellulose, magnesium stearate.
 Suggested use as a dietary supplement: Take 1 capsule, one to two times daily with meals. Percent Daily Values are based on 2,000 calorie diet.

MAGNESIUM POTASSIUM ASPARTATE WITH TAURINE

07-61-120 • 120 Caps • Reg. \$12.80 **50% OFF: \$6.40**
 07-62-240 • 240 Caps • Reg. \$22.18 **50% OFF: \$11.09**

This special formula is comprised of Magnesium and Potassium complexes formed from L-Aspartic Acid. Chelates of these elements have been formulated with Taurine to help support healthy heart, muscle and nerve functions. Taurine is an amino acid which can function as a neurotransmitter and neuromodulator.* It serves as a potent synergist to these important minerals.

Supplement Facts

	Amount Per Serving	% DV
Magnesium (from magnesium aspartate)	300 mg	75%
Potassium (from potassium aspartate)	99 mg	3%
Taurine (free form)	100 mg	*

Other Ingredients: Gelatin (capsule), White Rice Flour and Magnesium Stearate. Free of: sugar, salt, gluten, yeast, corn, soy, wheat, milk.
 Suggested use as a dietary supplement: Take 2 capsules, 1-2 times daily with or between meals.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.

SELENIUM (200 MCG, Vegetarian Formula)

07-63-090 • 90 Vcaps • Reg. \$16.39 **50% OFF: \$8.20**
 07-68-180 • 180 Vcaps • Reg. \$29.50 **50% OFF: \$14.75** **New Size!**

Until the late 1950s, selenium was thought to be toxic but is now known to be an essential trace mineral. Selenium is an important part of the antioxidant enzyme glutathione peroxidase. It helps protect cells against the effects of free radicals that are produced during normal oxygen metabolism.

Supplement Facts

	Amount Per Serving	% DV
Selenium (as selenomethionine)	200 mcg	143%

Other ingredients: Rice flour, cellulose, magnesium stearate. Yeast free.
 Suggested use as a dietary supplement: Take 1 Vcap daily with meals.
 Percent Daily Values are based on 2,000 calorie diet.

BIONATURES' MINERALS

ZINC PICOLINATE (50 MG)

07-65-240 • 240 CAPS • REG. \$32.99 **50% OFF: \$16.50**

Zinc is an essential mineral that plays an important role in many enzymatic functions. Found primarily in the kidneys, liver, pancreas, and brain, Zinc also helps support healthy immune system functions and is an important component of bodily antioxidant systems. Zinc Picolinate combines Zinc with Picolinic Acid for better absorption.

Supplement Facts

Serving Size: 1 capsule

	Amount Per Serving	% DV
Zinc (from Zinc Picolinate)	50 mg	333%

Free of: sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg or preservatives. Other Ingredients: Rice Flour, gelatin (capsule) and Magnesium Stearate.
 Suggested Use as a dietary supplement: Take one capsule daily, preferably with meals.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.

IPRIFLAVONE (300 MG)

07-67-180 • 180 Caps • Reg. \$39.68 **50% OFF: \$19.84**

This exciting nutrient is synthesized from isoflavones – the natural plant estrogens found in soy. Studies suggest ipriflavone can safely increase bone mass and density without the side effects of prescription drugs, and may work better than calcium alone to protect against bone loss.

Supplement Facts

Serving Size: 2 Capsules

	Amount Per Serving	% DV
Ipriflavone	600 mg	*

Other Ingredients: Cellulose, gelatin, calcium phosphate and magnesium stearate.
 Suggested use as a dietary supplement: Take 2 capsules daily.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.

BONE SUPPORT

02-66-180 • 180 Caps • Reg. \$29.83 **50% OFF: \$14.92**

Mycrocrystalline Hydroxyapatite (MCHA) is a natural compound that makes up the crystalline matrix of bone and teeth, and is the substance that gives them their rigidity. MCHA is a highly absorbable Calcium and Phosphorus, which are the major mineral components of bone. Bone Support is a comprehensive bone support product providing 4 g (4,000 mg) of MCHA. It also contains Magnesium and Trace Minerals, as well as Vitamins C, D and K to aid in the synthesis and maintenance of bone tissue.

Supplement Facts

Serving Size: 6 Capsules

	Amount Per Serving	% DV
Calories 10, Total Carbohydrate	<0.5 g	<1%*
Protein (from MCHA and AAC)	1.8 g (1,800 mg)	4%*
Vitamin C (from Magnesium Ascorbate)	200 mg	330%
Vitamin D-3 (as Cholecalciferol)	400 IU	100%
Vitamin K-1 (as Phytionadione)	100 mcg	125%
Vitamin B-1 (from Thiamine HCl)	5 mg	330%
Calcium (from MCHA)	1.0 g (1,000 mg)	100%
Phosphorus (from MCHA)	430 mg	43%
Magnesium (from Magnesium Oxide and ascorbate)	600 mg	150%

Zinc (from Zinc AAC)	10 mg	70%
Copper (from Copper AAC)	1 mg	50%
Manganese (from Manganese AAC)	3 mg	150%
MCHA (Microcrystalline Hydroxyapatite)	4.0 g (4,000 mg)	*
Glucosamine Potassium Sulfate Complex	300 mg	*
Horsetail (Equisetum arvense) (Aerial parts)	100 mg	*
Boron (From AAC)	3 mg	*

Suggested Use: As a dietary supplement, take 6 capsules daily, divided in 1 - 3 doses, preferably with meals. Other Ingredients: Cellulose, Gelatin (capsule), Magnesium Stearate, Stearic Acid and Silica.
 Percent Daily Values are based on 2,000 calorie diet. * Daily Value not established.



BARLEAN'S ORGANIC OILS

BARLEAN'S COCONUT OIL

13-50-016 • 16 oz Bottle • Reg. \$15.95 **20% OFF: \$12.76**

Barlean's has extended our family to the Philippine Island of Quezon to bring you the absolute best-tasting and most nutritious coconut oil cold pressed fresh for your vibrant health and energy. Our 100% organic, island fresh Extra-Virgin Coconut Oil is hand selected, picked fresh and harvested at the peak of flavor and nutritional value.

BARLEAN'S ORGANIC EVENING PRIMROSE OIL (1300 MG)

13-52-060 • 60 Softgels • Reg. \$16.98 **20% OFF: \$13.58**

Evening Primrose Oil is highly prized for its high content of a special fatty acid called Gamma-Linolenic Acid (GLA). Ordinarily, GLA is created in the body from dietary essential fatty acids such as those found in flax oil. However, in some people GLA is not adequately produced in the body. Evening Primrose Oil offers a direct source of GLA for these individuals. Evening Primrose Oil is highly prized by women who strive for: clear, smooth skin, lustrous hair and strong nails, hormonal balance and balanced mood. Evening Primrose Oil may support the function of inflammatory and immune response, cardiovascular system, glands and organs responsible for hormone metabolism, nerve function, joint health and skin cell production.

BARLEAN'S BORAGE OIL

13-55-030 • 30 Softgels • Reg. \$14.38 **20% OFF: \$11.50**

Borage seed oil is highly prized for its extremely high content of a special fatty acid called Gamma-linolenic Acid (GLA). Ordinarily, GLA is created in the body from dietary essential fatty acids such as those found in flax oil. However, in some people, such as those with psoriasis or eczema, GLA is not adequately produced in the body. Borage Oil offers a direct source of GLA for these individuals. Borage oil is also revered by women who suffer from symptoms of PMS or menopause. GLA may also support the structure and function of nerve conduction, hormone metabolism, skin-cell proliferation, inflammatory response, blood vessel constriction and relaxation, and Lean muscle mass.



BARLEAN'S ORGANIC OILS

BARLEAN'S GREENS

13-67-047 • 4.7 oz Jar • Reg. \$23.65	20% OFF: \$18.92
13-68-093 • 9.3 oz Jar • Reg. \$41.75	20% OFF: \$33.40
13-69-186 • 18.6 oz Jar • Reg. \$69.69	20% OFF: \$55.96
13-70-120 • 120 Capsules • Reg. \$26.35	20% OFF: \$21.08
13-71-240 • 240 Capsules • Reg. \$44.96	20% OFF: \$35.97

It's hardly a secret that our modern world produces food desperately lacking in minerals, vitamins, fiber, enzymes, carotenoids and antioxidants. Barlean's Greens is a concentrated storehouse of these important nutrients that are stripped from modern day food. With equal proportions of organic barley leaf, rye leaf, oat leaf and alfalfa leaf, Barlean's triple potency formula combined with our other green ingredients, gives you the benefit of well over 7000 mg of green superfoods per serving! Barlean's Greens are revered for supporting the purification and cleansing of vital organs, body tissues and blood supply. Each serving of Barlean's Greens provides an optimal proprietary blend of the most vitalizing plant based ingredients. Barlean's Greens is the ultimate formula for your health and vitality.

BARLEAN'S SIGNATURE FISH OIL

13-57-008 • 8 oz Bottle • Reg. \$21.95	20% OFF: \$17.56
13-58-100 • 100 Softgels • Reg. \$10.99	20% OFF: \$8.79
13-59-250 • 250 Softgels • Reg. \$23.99	20% OFF: \$19.19

Barlean's signature formula is ideal for people who are seeking the absolute highest quality fish oil at the best value. Fresh Catch© Fish Oil is a pristine source of ultra-purified pharmaceutical grade fish oil providing naturally occurring levels of EPA and DHA for your vibrant health and energy. Fresh Catch© includes all of the quality attributes found in the entire Fresh Catch© line of quality fish oils.

BARLEAN'S LIGNAN FLAX CAPS

13-75-100 • 100 Softgels • Reg. \$11.34	20% OFF: \$9.07
13-76-250 • 250 Softgels • Reg. \$26.54	20% OFF: \$21.23

Lignans are a highly studied class of plant phytonutrients most abundantly found in flaxseed that have recently come to the forefront of nutritional research. Numerous studies have reported on the role of lignans in support of the structure and function of heart and hormonal health. Barlean's Highest Lignan Flax Oil is a foundational addition to a healthy diet. It is ideal for those who aspire to nutritionally support heart health, healthy cholesterol levels, joint mobility & bone density, energy & endurance, healthy blood glucose, as well as skin, hair and nail health.

BARLEAN'S LIGNAN FLAX OIL

13-79-016 • 16 oz Bottle • Reg. \$19.91	20% OFF: \$15.93
13-80-032 • 32 oz Bottle • Reg. \$37.73	20% OFF: \$30.18

Lignans are a highly studied class of plant phytonutrients most abundantly found in flaxseed that have recently come to the forefront of nutritional research. Numerous studies have reported on the role of lignans in support of the structure and function of heart and hormonal health. Barlean's Highest Lignan Flax Oil is a foundational addition to a healthy diet. It is ideal for those who aspire to nutritionally support heart health, healthy cholesterol levels, joint mobility & bone density, energy & endurance, healthy blood glucose, as well as skin, hair and nail health.



BARLEAN'S ORGANIC OILS

BARLEAN'S HEALTHY PET FLAX OIL

13-66-012 • 12 oz Bottle • Reg. \$11.48 **20% OFF: \$9.18**

Barlean's Flax Oil For Animals is a rich source of vegetable-based Omega-3, which has been discovered to be essential to the health of animals and humans. Omega-3 fatty acids are purposely avoided in the production of commercial pet and animal foods as they may go rancid, limiting the shelf life of these products. The result is a deficiency of these vital nutrients in these foods and ultimately in your pet. Barlean's has taken the extra steps necessary to preserve the integrity of flaxseed oil, providing your pets with the valuable Omega-3 fatty acids they require for optimal health. Essential fatty acids in the diets of animals support growth and development, immune function, quality of milk in lactating animals, coat quality and sheen, bone and joint health and eye health.

Ingredients: 100% pure, unrefined flax seed oil, rosemary/ascorbic acid antioxidant blend.

BARLEAN'S FORTI FLAX

13-81-016 • 16 oz Ground Flax Seeds • Reg. \$7.95 **20% OFF: \$6.36**

Barlean's Forti-Flax ground flaxseed provides a cornucopia of naturally occurring nutrients including valuable Omega-3 fatty acids, fiber, amino acids and trace minerals, to bring you vibrant health and energy.

Suggested Use: 2-4 Tbsp daily. Mixes easily in water or juice. Excellent when used as a topping for yogurt, salads, breakfast cereals and used in blended smoothie beverages. May be used as a substitute for traditional yet nutrient-depleted fiber sources. Refrigerate after opening to preserve freshness.

INGREDIENTS: Freshly cold-milled, 100% organic, pesticide and herbicide free, select flax seeds.

BARLEAN'S OMEGA SWIRL (Omega-3 Flax Smoothie, Strawberry/Banana)

13-82-016 • 16 oz • Reg. \$21.95 **20% OFF: \$17.56**

Barlean's Omega Swirl looks and tastes like a fruit smoothie, yet provides optimal levels of vital and essential Omega-3 EPA/DHA to bring you vibrant health and energy.

Rich in vital and essential Omega-3 fatty acids, Omega Swirl flax oil supplement is the freshest, best tasting and most nutritious, naturally.

Omega Swirl was created to nutritionally support:

- Heart Health
- Healthy Cholesterol Levels
- Joint Mobility & Bone Density
- Energy & Endurance
- Skin, Hair & Nail Health
- Mental Health, Wellness and Acuity
- Healthy Blood Glucose
- Sexual & Hormonal Health

INGREDIENTS: Organic flaxseed oil, water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, vegetable juice (for color), ascorbyl palmitate.

Supplement Facts

Serving Size: 1 Tbsp (15ml)
Servings per container 31

	Amount Per Serving	% DV
Calories 65	Calories from Fat: 45	
Total Fat	5 g	8%
Saturated Fat	.5 g	2%
Trans Fat	0 g	0%
Polyunsaturated Fat	3 g	†
Monounsaturated Fat	1 g	†
Cholesterol	0 g	0%
Sodium	0 g	0%
Total Carbohydrate	5 g	2%
Sugars	0 g	†
Xylitol	3 g	†
Omega-3 Polyunsaturated Fat		
Alpha-Linolenic Acid (LNA)	2,620 mg	†
Omega-6 Polyunsaturated Fat		
Linoleic Acid (LA)	760 mg	†
Omega-9 Monounsaturated Fat		
Oleic Acid	850 mg	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

SUGGESTED USE: Shake well prior to dispensing. 1-2 Tbsp. daily. Can be taken straight or mixed into juice, yogurt or blended beverages. Keep refrigerated after opening. Keep out of reach of children.

PRICELIST

BIONATURES' FLAX OIL AND EFA PRODUCTS

01-53-085	C-LEINOSAN ORGANIC FLAX OIL (CLEAR)	8.5 oz Bottle	\$12.98	50% OFF	\$6.49
01-54-012	C-LEINOSAN ORGANIC FLAX OIL (CLEAR)	12 oz Bottle	\$14.72	50% OFF	\$7.36
01-49-016	C-LEINOSAN ORGANIC FLAX OIL (CLEAR)	16 oz Bottle	\$19.49	50% OFF	\$9.75
01-50-032	C-LEINOSAN ORGANIC FLAX OIL (CLEAR)	32 oz Bottle	\$36.79	50% OFF	\$18.40
01-52-250	C-LEINOSAN FLAX CAPS 1000 MG (CLEAR)	250 Softgels	\$25.93	50% OFF	\$12.97
01-48-400	C-LEINOSAN FLAX CAPS 1000 MG (CLEAR)	400 Softgels	\$41.49	50% OFF	\$20.75
01-63-008	HIGH-LIGNAN FLAXSEED OIL	8 oz Bottle	\$10.34	50% OFF	\$5.17
01-64-012	HIGH-LIGNAN FLAXSEED OIL	12 oz Bottle	\$15.56	50% OFF	\$7.78
01-65-016	HIGH-LIGNAN FLAXSEED OIL	16 oz. Bottle	\$19.91	50% OFF	\$9.96
01-66-032	HIGH-LIGNAN FLAXSEED OIL	32 oz. Bottle	\$37.73	50% OFF	\$18.87
01-67-100	HIGH-LIGNAN FLAXSEED OIL CAPS 1000 MG	100 Softgels	\$11.34	50% OFF	\$5.67
01-68-250	HIGH-LIGNAN FLAXSEED OIL CAPS 1000 MG	250 Softgels	\$26.44	50% OFF	\$13.22
01-69-400	HIGH-LIGNAN FLAXSEED OIL CAPS 1000 MG	400 Softgels	\$42.30	50% OFF	\$21.15
01-56-120	EFA's COMPANION NUTRIENTS COMPLEX 500 MG	120 Caps	\$25.55	50% OFF	\$12.78
01-57-240	EFA's COMPANION NUTRIENTS COMPLEX 500 MG	240 Caps	\$48.18	50% OFF	\$24.09
01-58-400	EFA's COMPANION NUTRIENTS COMPLEX 500 MG	400 Caps	\$72.58	50% OFF	\$36.29
01-86-120	TOTAL EFA 120 CT	120 Softgels	\$24.06	50% OFF	\$12.03
01-87-240	TOTAL EFA 240 CT NEW SIZE	240 Softgels	\$45.74	50% OFF	\$22.87
01-88-120	FLAX COMPLETE	120 Softgels	\$24.06	50% OFF	\$12.03
01-89-240	FLAX COMPLETE	240 Softgels	\$45.74	50% OFF	\$22.87
01-72-001	OMEGA ULTRA- MILLED FLAX WITH FISH OIL	1LB	\$24.00	50% OFF	\$12.00
01-71-001	VITA-FLAX ORGANIC FLAX POWDER	1 lb	\$21.92	50% OFF	\$10.96
01-92-240	OMEGA 3 FISH OIL	240 Softgels	\$28.44	50% OFF	\$14.22
01-78-120	TOTAL WOMAN 120 CT	120 Softgels	\$27.36	50% OFF	\$13.68
01-82-120	TOTAL MAN 120 CT	120 Softgels	\$27.36	50% OFF	\$13.68
01-61-180	FLAX AND BORAGE OIL 1000 MG	180 Softgels	\$41.66	50% OFF	\$20.83
01-93-120	RED OMEGA 10	120 Softgels	\$44.70	50% OFF	\$22.35
01-94-240	RED OMEGA 10	240 Softgels	\$76.90	50% OFF	\$38.45

BIONATURES VITAMIN FORMULAS

09-52-225	ESTER C W/BIOFLAVONOIDS 500 MG	225 Caps	\$38.75	50% OFF	\$19.38
09-57-450	ESTER C W/BIOFLAVONOIDS 500 MG	450 Caps	\$72.50	50% OFF	\$36.25
03-53-120	MEN'S MULTI VITAMIN	120 Tabs	\$24.40	50% OFF	\$12.20
03-55-240	MEN'S MULTI VITAMIN NEW SIZE!	240 Tabs	\$43.92	50% OFF	\$21.96
03-54-120	WOMEN'S MULTI VITAMIN	120 Tabs	\$24.40	50% OFF	\$12.20
03-95-240	WOMEN'S MULTI VITAMIN NEW SIZE!	240 Tabs	\$43.92	50% OFF	\$21.96
03-51-180	ADVANCED MEGA MULTI WITHOUT IRON	180 Caps	\$42.86	50% OFF	\$21.43
03-52-360	ADVANCED MEGA MULTI WITHOUT IRON	360 Caps	\$73.40	50% OFF	\$36.70
08-54-120	NIACIN (NO FLUSH) 300 MG	120 Vcaps	\$28.25	50% OFF	\$14.13
08-55-090	B-100 HI POTENCY COMPLEX	90 Caps	\$23.01	50% OFF	\$11.51
08-56-180	B-100 HI POTENCY COMPLEX	180 Caps	\$40.54	50% OFF	\$20.27
09-55-120	VITAMIN D	120 Caps	\$11.42	50% OFF	\$5.71
09-56-240	VITAMIN D	240 Caps	\$17.91	50% OFF	\$8.96
06-67-090	VITAMIN E 400 IU MIXED TOCOPHEROLS	90 Softgels	\$16.96	50% OFF	\$8.48
06-68-180	VITAMIN E 400 IU MIXED TOCOPHEROLS	180 Softgels	\$28.12	50% OFF	\$14.06



PRICELIST

BIONATURES SPECIALTY PRODUCTS

02-51-250	BIO-ENZYMES PAIN/INFLAMMATION - NEW	250 Tabs	\$60.43	50% OFF	\$30.22
02-52-060	BRAIN ELEVATE	60 Vcaps	\$29.96	50% OFF	\$14.98
02-72-120	BRAIN ELEVATE NEW SIZE!	120 Vcaps	\$59.36	50% OFF	\$29.68
02-63-090	PROSTA-NUTRIENTS	90 Softgels	\$43.32	50% OFF	\$21.66
02-64-180	PROSTA-NUTRIENTS - NEW FORMULA	180 Softgels	\$80.85	50% OFF	\$40.43
03-55-120	PROSTA-CARE 750 MG	120 Caps	\$22.81	50% OFF	\$11.41
03-56-240	PROSTA-CARE 750 MG	240 Caps	\$39.75	50% OFF	\$19.88
03-57-400	PROSTA-CARE 750 MG	400 Caps	\$60.46	50% OFF	\$30.23
03-58-180	GARLISAN 500 MG	180 Caps	\$18.81	50% OFF	\$9.41
03-59-360	GARLISAN ECONOMY SIZE 500 MG	360 Caps	\$33.86	50% OFF	\$16.93
03-63-120	CARDIAC ONE	120 Caps	\$56.06	50% OFF	\$28.03
03-64-240	CARDIAC ONE	240 Caps	\$105.84	50% OFF	\$52.92
03-66-180	DIGEST-EASE	180 Caps	\$40.61	50% OFF	\$20.31
02-65-060	HORMONE BALANCE	60 Tabs	\$27.08	50% OFF	\$13.54
02-75-120	HORMONE BALANCE NEW SIZE!	120 Tabs	\$48.43	50% OFF	\$24.22
03-69-120	5-HTP 100 MG	120 Vcaps	\$39.88	50% OFF	\$19.94
03-61-120	BILBERRY EYE FORMULA	120 Caps	\$45.74	50% OFF	\$22.87
03-62-240	BILBERRY EYE FORMULA	240 Caps	\$84.68	50% OFF	\$42.34
03-71-060	LUTEIN PLUS EYE COMPLEX	60 Caps	\$25.29	50% OFF	\$12.65
03-70-120	LUTEIN PLUS EYE COMPLEX NEW SIZE	120 Caps	\$48.05	50% OFF	\$24.03
03-72-060	BIO-GROW HAIR, SKIN & NAIL -	60 Caps	\$17.25	50% OFF	\$8.63
03-73-120	BIO-GROW HAIR, SKIN & NAIL - NEW SIZE!	120 Caps	\$28.22	50% OFF	\$14.11
03-78-240	LECITHIN 1200 MG	240 Softgels	\$32.98	50% OFF	\$16.49
03-80-120	EXTRA-STRENGTH ACIDOPHILUS 2 BILLION	120 Caps	\$42.77	50% OFF	\$21.39
03-82-120	RED YEAST RICE 600 MG	120 Vcaps	\$47.17	50% OFF	\$23.59
03-84-240	PYGEUM EXTRACT 50 MG	240 Caps	\$24.13	50% OFF	\$12.07
03-86-120	VINPOCETINE	120 Caps	\$64.72	50% OFF	\$32.36
03-88-060	LYCOPENE 10 MG	60 Tabs	\$31.77	50% OFF	\$15.89
03-91-120	ROYAL JELLY 300 MG	120 Softgels	\$29.57	50% OFF	\$14.79
03-90-240	ROYAL JELLY 300 MG	240 Softgels	\$56.19	50% OFF	\$28.10
03-92-100	QUERCETIN WITH BROMELAIN	100 Vcaps	\$30.79	50% OFF	\$15.40
03-98-180	GINKGO BILOBA HI POTENCY 120 MG	180 Caps	\$18.37	50% OFF	\$9.19
02-67-090	7-KETO DHEA SUPPORT - NEW	90 Caps	\$38.02	50% OFF	\$19.01
02-68-180	7-KETO DHEA SUPPORT - NEW	180 Caps	\$72.23	50% OFF	\$36.12
02-69-30	REM-SLEEP - NEW	30 Caps	\$28.03	50% OFF	\$14.02
02-71-60	REM-SLEEP - NEW SIZE!	60 Caps	\$50.45	50% OFF	\$25.23

BIONATURES CoQ10 PRODUCTS

04-53-240	CoQ10 30 MG PRICE SLASHED	240 Caps	\$38.50	50% OFF	\$19.25
04-56-120	CoQ10 60 MG PRICE SLASHED	120 Caps	\$32.89	50% OFF	\$16.45
04-57-060	CoQ10 100 MG PRICE SLASHED	60 Caps	\$25.96	50% OFF	\$12.98
04-58-120	CoQ10 100 MG PRICE SLASHED	120 Caps	\$46.42	50% OFF	\$23.21
04-59-002	CoQ10 WRINKLE DEFENSE CREAM	4 oz	\$65.12	50% OFF	\$32.56
04-62-120	COQSOL-CF 60 MG	120 Softels	\$71.92	50% OFF	\$35.96
04-61-060	COQSOL-CF 100 MG	60 Softgels	\$64.75	50% OFF	\$32.38
04-63-120	COQSOL-CF 100 MG	120 Softgels	\$110.07	50% OFF	\$55.04

PRICELIST

BIONATURES JOINT HEALTH

02-61-120	HEALTHY JOINT COMPLEX	120 Caps	\$27.70	50% OFF	\$13.85
02-62-240	HEALTHY JOINT COMPLEX NEW SIZE!	240 Caps	\$53.88	50% OFF	\$26.94
05-60-240	MSM 1000 MG	240 Caps	\$31.15	50% OFF	\$15.58
05-53-120	GLUCOSAMINE SULFATE 750 MG	120 Caps	\$25.14	50% OFF	\$12.57
05-54-240	GLUCOSAMINE SULFATE 750 MG	240 Caps	\$44.81	50% OFF	\$22.41
05-62-400	GLUCOSAMINE SULFATE 750 MG ADD SIZE	400 Caps	\$72.56	50% OFF	\$36.28
05-56-120	GLUCOSAMINE-CHONDROITIN-MSM	120 Caps	\$31.68	50% OFF	\$15.84
05-57-240	GLUCOSAMINE-CHONDROITIN-MSM	240 Caps	\$57.02	50% OFF	\$28.51
05-63-400	GLUCOSAMINE-CHONDROITIN-MSM NEW SIZE	400 Caps	\$87.96	50% OFF	\$43.98

ANTIOXIDANTS/HEART/IMMUNE SYSTEM

06-52-100	ACETYL-L-CARNITINE 500 MG	100 Caps	\$53.53	50% OFF	\$26.77
06-57-120	GUGGULIPID FORMULA 750 MG - TRIPLE STRENGTH	120 Caps	\$42.59	50% OFF	\$21.30
06-58-240	GUGGULIPID FORMULA 750 MG - TRIPLE STRENGTH	240 Caps	\$81.16	50% OFF	\$40.58
06-65-120	OLIVE LEAF EXTRACT 500 MG	120 Caps	\$29.37	50% OFF	\$14.69
06-66-240	OLIVE LEAF EXTRACT 500 MG	240 Caps	\$53.77	50% OFF	\$26.89
06-54-120	ALPHA LIPOIC ACID 250 MG	120 Caps	\$32.98	50% OFF	\$16.49
06-55-240	ALPHA LIPOIC ACID 250 MG	240 Caps	\$60.15	50% OFF	\$30.08

BIONATURES MINERALS

07-51-120	CALCIUM HYDROXYAPATITE	120 Caps	\$27.43	50% OFF	\$13.72
07-52-240	CALCIUM HYDROXYAPATITE	240 Caps	\$49.41	50% OFF	\$24.71
07-67-400	CALCIUM HYDROXYAPATITE - NEW SIZE	400 Caps	\$78.23	50% OFF	\$39.12
07-58-120	CORAL CALCIUM PLUS 1000 MG	120 Caps	\$24.75	50% OFF	\$12.38
07-59-240	CORAL CALCIUM PLUS 1000 MG	240 Caps	\$43.98	50% OFF	\$21.99
07-55-250	CHROMIUM PICOLINATE 200 MCG	250 Vcaps	\$15.38	50% OFF	\$7.69
07-61-120	MAGNESIUM POTASSIUM ASPARTATE WITH TAURINE	120 Caps	\$12.80	50% OFF	\$6.40
07-62-240	MAGNESIUM POTASSIUM ASPARTATE WITH TAURINE	240 Caps	\$22.18	50% OFF	\$11.09
07-63-090	SELENIUM 200 MCG	90 Vcaps	\$16.39	50% OFF	\$8.20
07-68-180	SELENIUM 200 MCG NEW SIZE	180 Vcaps	\$29.50	50% OFF	\$14.75
07-65-240	ZINC PICOLINATE 50 MG	240 Caps	\$32.99	50% OFF	\$16.50
07-67-180	IPRIFLAVONE 300 MG	180 Caps	\$39.68	50% OFF	\$19.84
02-66-180	BONE SUPPORT - NEW	180 Caps	\$29.83	50% OFF	\$14.92

BARLEANS PRODUCTS

13-50-016	COCONUT OIL 16 OZ	16 oz Bottle	\$15.95	20% OFF	\$12.76
13-52-060	ORGANIC EVENING PRIMROSE OIL 1300 MG	60 Softgels	\$16.98	20% OFF	\$13.58
13-55-030	BORAGE OIL 30 CT	30 Softgels	\$14.38	20% OFF	\$11.50
13-67-047	BARLEANS GREENS 4.7 OZ	4.7 Jar	\$23.65	20% OFF	\$18.92
13-68-093	BARLEANS GREENS 9.3 OZ	9.3 Jar	\$41.75	20% OFF	\$33.40
13-69-186	BARLEANS GREENS 18.6 OZ	18.6 Jar	\$69.95	20% OFF	\$55.96
13-70-120	BARLEANS GREENS 120 CT	120 Caps	\$26.35	20% OFF	\$21.08
13-71-240	BARLEANS GREENS 240 CT	240 Caps	\$44.96	20% OFF	\$35.97
13-57-008	SIGNATURE FISH OIL 8 OZ	8 oz Bottle	\$21.95	20% OFF	\$17.56
13-58-100	SIGNATURE FISH OIL 100 CT	100 Softgels	\$10.99	20% OFF	\$8.79
13-59-250	SIGNATURE FISH OIL 250 CT	250 Softgels	\$23.99	20% OFF	\$19.19
13-75-100	BARLEANS LIGNAN FLAX CAPS 100CT	100 Softgels	\$11.34	20% OFF	\$9.07



PRICELIST

13-76-250	BARLEANS LIGNAN FLAX CAPS 250CT	250 Softgels	\$26.54	20% OFF	\$21.23
13-79-016	BARLEANS LIGNAN FLAX OIL 16OZ	16 oz Bottle	\$19.91	20% OFF	\$15.93
13-80-032	BARLEANS LIGNAN FLAX OIL 32OZ	32 oz Bottle	\$37.73	20% OFF	\$30.18
13-66-012	HEALTHY PET FLAX 12 OZ	12 oz Bottle	\$11.48	20% OFF	\$9.18
13-81-016	BARLEANS FORTI-FLAX 16 OZ POWDER	1 LB	\$7.95	20% OFF	\$6.36
13-82-016	BARLEANS OMEGA SWIRL (FLAX SMOOTHIE, STRAW/BANANA)	16 oz Bottle	\$21.95	20% OFF	\$17.56

BOOKS / DEVICES

11-51-001	DIETARY WELLNESS BOOK	BOOK	\$16.95		\$16.95
11-52-002	FLAX FOR LIFE by JADE BEUTLER	BOOK	\$6.95		\$6.95
11-53-003	FLAX OIL BOOK by DR. JOHANNA BUDWIG	BOOK	\$6.95		\$6.95
11-54-004	FLAXSEED OIL & THE POWER OF OMEGA 3 - BOOKLET	BOOK	\$2.25		\$2.25
11-55-005	OIL PROTEIN COOKBOOK by DR. J. BUDWIG	BOOK	\$12.95		\$12.95
11-56-006	THE HEALING POWER OF FLAX BY HERB JOINER-BEY N.D.	BOOK	\$15.95		\$15.95
11-57-007	THE HEALING RESPONSE by DR. MICHAEL LOES	BOOK	\$19.95		\$19.95
12-52-002	WATER FILTER/LIGHT KIT, OLD MODEL (ULTRA SUN)	2 FILTERS	\$105.00		\$105.00
12-53-003	WATER FILTER/LIGHT REPLACEMENT KIT (ULTRA SUN)	3 FILTERS	\$105.00		\$105.00

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